



# Best News ...

Dear Parents/ Carer,

## The Week Ahead

Mon.	6 <sup>th</sup>	-	Dancing Yrs 5&6 Tag Rugby	School Hall 3.20 - 4.20pm Lunchtime (before second sitting)
Tues.	7 <sup>th</sup>	-	Guitars Yr 4 Korfball Drums Irish Dancing KTROO Jumping Club Yr 6 Boys Football Match Yr5/6 Girls Football Match	am Lunchtime (before second sitting) pm in the mobile School Hall 3.15 - 4.15pm 3.20 - 4.20pm Away vs. Coleman Home vs. St Williams
Wed.	8 <sup>th</sup>	-	Guitars Cross Country Training Skillforce - The Princes Trust Keyboard lessons Woodwind lessons Mad Science Club	am Lunchtime (before second sitting) 4.30pm finish pm Music Room pm ICT Suite 3.20 - 4.20pm
Thur.	9 <sup>th</sup>	-	Yr 5&6 Korfball Samba Club Drums	Lunchtime (before second sitting) pm School Hall pm Mobile
Fri.	10 <sup>th</sup>	-	Cross Country Race Multiskills Club (Selected pupils)	2pm Old Catton Junior School 3.15 - 4.15pm School Hall

## Dates for Your Diary

Friday 17 <sup>th</sup> March	Non uniform day/Easter Egg donation for Easter raffle
Friday 24 <sup>th</sup> March	Red Nose Day - Details to follow
Friday 31 <sup>st</sup> March	Celebration Assembly
Monday 3 <sup>rd</sup> - Monday 17 <sup>th</sup> April	Easter Break (return to School Tuesday 18 <sup>th</sup> April)

Year 3 Library Visits (during school time)	Friday 17 <sup>th</sup> March - 3S
Please remember your library cards for these visits	Friday 24 <sup>th</sup> March - 3C
	Friday 21 <sup>st</sup> April - 3ST

## HOUSE POINTS



Buckingham	(Green)	157	Total - 53
Balmoral	(Blue)	210	Total - 46
Sandringham	(Yellow)	186	Total - 34
Windsor	(Red)	219	Total - 42

Congratulations to Windsor this week!

## THE ATTENDANCE CUP



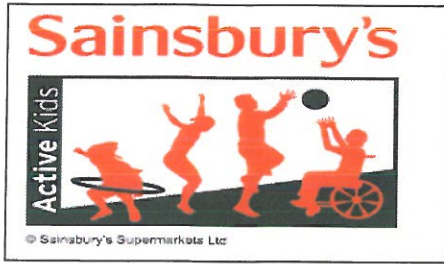
Was awarded to  
**4S and 6S**  
 With attendance of 100%  
 For the week  
 20<sup>th</sup> - 24<sup>th</sup> February 2017



## GOLDEN BOOK AWARD

Congratulations to the following pupils for providing us with 'WOW' moments and for being entered into our Golden Book;

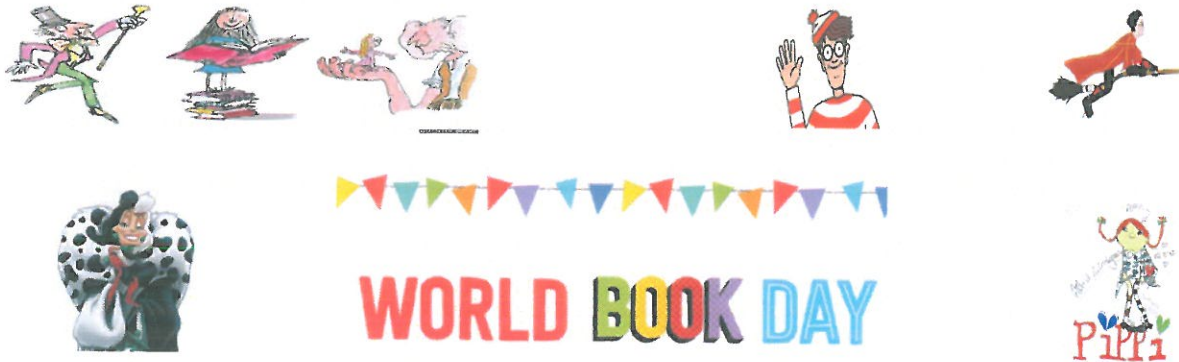
*Abbie Dobson, Fia Measures, Callum Alcock, Erin Balls, Ruby Watkins, Charlie Roberts, Evie Dickerson, Summer-Jo Myers and Betsy Smith*



## Active Kids Vouchers

We are collecting Sainsbury's Active Kids vouchers again which will help us to buy more useful equipment for the school. We would be grateful for any vouchers you may have and a box will be situated in the reception area. For more information please see:

**activekids.sainsburys.co.uk**



**WORLD BOOK DAY**

Thank you to all those who took part in the World Book Day celebrations this week. The costumes this year were, once again, AMAZING! Great imagination and superb efforts were seen throughout the school.

We had a wonderful range of book themed cakes and other goodies donated to our bake sale so HUGE thanks also to our star bakers!

Well done everyone, together we have raised an impressive

**£278.82**

Mrs Pye will meet with the School Librarians and together they will decide on the best way to spend the money raised!

## SCHOLASTIC

*This is a fantastic way to contribute to reading resources in school.*

Your child should have brought the latest Scholastic leaflet home today. It is packed full of books which would be great as reads.

If you would like to place an order please make cheques payable to 'SCHOLASTIC' only. Place orders in an envelope marked Scholastic Books and your child's name and class.

Alternatively orders can be placed online and delivered free to school by visiting:

<http://clubs-school.scholastic.co.uk/white-woman-lane>

Orders will close on Wednesday 15<sup>th</sup> March when the complete order will be placed. Books should be with you before Easter.

Remember 20p in every £1 spent by you comes back to us in free books.

Thank you for all your support.



The Nebula Partnership

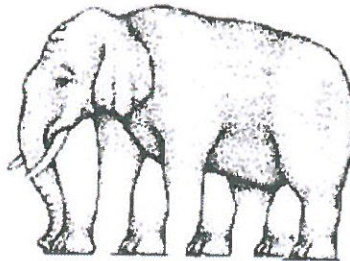
# TALK HOMEWORK & 'WOW' WORDS

Each week we send a Talk Homework activity and 'Wow' Words home and we would be very grateful for your support.

We are trying to help all our children develop excellent speaking and listening skills, which in turn will help them with their writing. "If a child can't say a sentence then they can't write it either!"

Please spend at least 10 minutes talking with your child about the questions below:

WHAT DO  
YOU SEE?



How many legs does this elephant have?

*Discuss with your families! What can you see; what can't you see? What is real?*



*In Big Talk, we use 'WOW' Words to improve our vocabulary  
and 'big up' our sentences to make them more interesting  
Our 'WOW' Word this week is;*



## **Conceptualize**

*(envisage, call to mind, see, imagine, evoke, dream up, conceive of, think about, contemplate.)*

*Please encourage your child to use this word, in the right context, as much as possible.*

Thank you for your support in helping your child.



## STARS OF THE WEEK



**Evie Lansdowne 3C**

For creating some fabulous times table raps, inspired by Karl Nova.

**Brooke Carr 3C**

For creating some fantastic onomatopoeia words in Literacy.

**Toby Neill 3ST**

or listening so attentively to Karl Nova during his visit and offering some fantastic ideas. Well done Toby!

**Ruby Reilly 3ST**

using her fantastic creativity to design a wonderful shape poem and for also helping others with ideas. Well done Ruby!

**Kyrrah Martin 4S**

For a great start to life at White Woman Lane.

**Joshua Thomson 4S**

For creating a fantastic shape poem about a train in literacy.

**Ronny Sonkoue 5J**

For performing exceptionally well in recent literacy grammar and spelling tests! Well done Ronny.

**Ruby Harris 5J**

For being a very helpful member of 5J and always using her initiative to find things that need to be done.

**Lillie Grice 5R**

For attacking fractions and decimals with such verve and determination this week - keep it up!

**Jayden Goodall 5R**

For a fabulous piece of original poem work in Extended Writing - it had superb metaphor and really vivid vocabulary. So great to see!

**Holly Tarragan, Chloe Warner and Kayleigh Taylor 6H**

For fantastic work in reading explorers.

**Eve Bailey 6S**

For producing a great information sheet in science (about light).

**Evie Dickerson 6S**

For producing a great information sheet in science (about light).

**Ashton Norman 6S**

For making great improvement in his maths work. Keep going!

**Olivia Stevenson 6S**

For fantastic work in explorers.

**Lewis Gosden 6Q**

For fantastic work in Explorers

# Supporting young people online

Information and advice for parents and carers



## The internet – an inspiring and positive place

The internet is an amazing resource which enables children and young people to connect, communicate and be creative in a number of different ways, on a range of devices. However, the internet is always changing, and being able to keep up to date with your children's use of technology can be a challenge. You may sometimes feel that your children have better technical skills than you do, however children and young people still need advice and protection when it comes to managing their lives online.

Issues that your child may encounter on the internet will vary depending on their age and online activities. We have grouped potential online risks into these 4 categories.



### Conduct:

Children need to be aware of the impact that their online activity can have on both themselves and other people, and the digital footprint that they create on the internet. It's easy to feel anonymous online and it's important that children are aware of who is able to view, and potentially share, the information that they may have posted. When using the internet, it's important to keep personal information safe and not share it with strangers. Discuss with your child the importance of reporting inappropriate conversations, messages, images and behaviours and how this can be done.



### Content:

Some online content is not suitable for children and may be hurtful or harmful. This is true for content accessed and viewed via social networks, online games, blogs and websites. It's important for children to consider the reliability of online material and be aware that it might not be true or written with a bias. Children may need your help as they begin to assess content in this way. There can be legal consequences for using or downloading copyrighted content, without seeking the author's permission.



### Contact:

It is important for children to realise that new friends made online may not be who they say they are and that once a friend is added to an online account, you may be sharing your personal information with them. Regularly reviewing friends lists and removing unwanted contacts is a useful step. Privacy settings online may also allow you to customise the information that each friend is able to access. If you have concerns that your child is, or has been, the subject of inappropriate sexual contact or approach by another person, it's vital that you report it to the police via the Child Exploitation and Online Protection Centre ([www.ceop.police.uk](http://www.ceop.police.uk)). If your child is the victim of cyberbullying, this can also be reported online and offline. Reinforce with your child the importance of telling a trusted adult straight away if someone is bullying them or making them feel uncomfortable, or if one of their friends is being bullied online.



### Commercialism:

Young people's privacy and enjoyment online can sometimes be affected by advertising and marketing schemes, which can also mean inadvertently spending money online, for example within applications. Encourage your children to keep their personal information private, learn how to block both pop ups and spam emails, turn off in-app purchasing on devices where possible, and use a family email address when filling in online forms.

There are real advantages in maintaining an open dialogue with your child about their internet use. Not sure where to begin? These conversation starter suggestions can help.

1 Ask your children to tell you about the websites and apps they like to use and what they enjoy doing online.

2 Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?

3 Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.

4 Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.

5 Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

## What can I do right now?

- Maintain an open dialogue with your child and encourage them to talk to you about their internet use: for example who they're talking to, services they're using, and any issues they may be experiencing.
- Create a family agreement to establish your children's boundaries, and your expectations, when on the internet.
- Give your child strategies to deal with any online content that they are not comfortable with – such as turning off the screen, telling an adult they trust and using online reporting facilities.
- Consider using filtering software to block unwanted content. In addition to filtering, remember that discussion with your child, and involvement in their internet use, are both effective ways to educate them about the internet.
- Encourage your children to 'think before you post.' Online actions can impact not only yourself but the lives of others. Content posted privately online can be publicly shared by others, and may remain online forever.
- Understand the law. Some online behaviour may break the law, for example when downloading or sharing content with others. Be able to recommend legal services.
- Familiarise yourself with the privacy settings and reporting features available on popular sites and services.
- If your child is being bullied online, save all available evidence and know where to report the incident, for example to the school, service provider, or the police if the law has been broken.
- Familiarise yourself with the age ratings for games and apps which can help to indicate the level and suitability of the content. Also see if online reviews are available from other parents as these may be helpful.
- Set up a family email address that your children can use when signing up to new games and websites online.
- Encourage your children to use nicknames (where possible) instead of their full name online, to protect their personal information, and create strong passwords for every account.
- Set up a PIN or password on devices to help protect personal information.

Sign up to our Childnet newsletter at [www.childnet.com](http://www.childnet.com).

Help make sure that your children know how to stay safe online, by using our SMART Rules for primary aged children, or 5 Tips for Teens.

### 5 SMART Rules for primary aged children:

**S Safe:** Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.

**M Meet:** Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

**A Accepting:** Accepting emails, messages, or opening files, images or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

**R Reliable:** Someone online might lie about who they are and information on the internet may not be true. Always check information by looking at other websites, in books, or with someone who knows. If you like chatting online it's best to only chat to your real world friends and family.

**T Tell:** Tell a parent, carer or a trusted adult if someone, or something, makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

### 5 Tips for Teens:

**1 Protect your online reputation:** use the tools provided by online services to manage your digital footprints and 'think before you post.' Content posted online can last forever and could be shared publicly by anyone.

**2 Know where to find help:** understand how to report to service providers and use blocking and deleting tools. If something happens that upsets you online, it's never too late to tell someone.

**3 Don't give in to pressure:** if you lose your inhibitions you've lost control; once you've pressed send you can't take it back.

**4 Respect the law:** use reliable services and know how to legally access the music, film and TV you want.

**5 Acknowledge your sources:** use trustworthy content and remember to give credit when using other people's work/ideas.

### Further advice and resources:

[www.childnet.com](http://www.childnet.com)  
[www.saferinternet.org.uk](http://www.saferinternet.org.uk)



# THE BRECK FOUNDATION



**B**

## • BE AWARE

Opening files, accepting emails, IM messages, pictures or texts from people you don't know or trust can lead to problems - they may contain viruses or nasty messages.

**R**

## • REPORT IT

Tell your parent, or trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied.

**E**

## • EDUCATE

Someone online might lie about who they are and information on the internet may not be true. Always check info with other websites, books or someone who knows. If you like chatting online it's best to only chat to your real friends & family.

**C**

## • COMMUNICATE

Meeting someone you have met online can be dangerous. Remember online friends are still strangers even if you have been talking to them for a long time. Never meet up with them alone and always speak to a parent or carer beforehand.

**K**

## • KEEP SAFE

Keep safe by being careful not to give out personal information when you are chatting or posting online. This includes your email, phone number, password, school, college and location.

The Breck Foundation is raising awareness for playing safe whilst using the internet. Breck Bednar was a 14 year old boy, from Caterham, Surrey, who loved technology and online gaming. He was groomed via the internet and sadly murdered on February 17th 2014 by someone he met online. This Foundation has been set up in his memory to help other young people to enjoy playing online, but be aware that the friends you make online are not like your real friends. "Play Virtual / Live Real"

Organised in aid of Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland.

# COME FOR A WALK

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**



## **Sponsored walk**

**The annual Maids Head Macmillan  
Ring Road Walk.**

**To take place Good Friday April 14th 2017 from  
The Maids Head pub, 85 Spixworth Road,  
Old Catton, Norwich. NR6 7NH  
at 8:30am.**

**More information and sponsor forms available from  
The Maids Head pub,  
Tel. 01603 408028 or email  
Charlotte.freeman91@gmail.com**



Follow us on



www.whitlinghamoec.co.uk



01603 632307

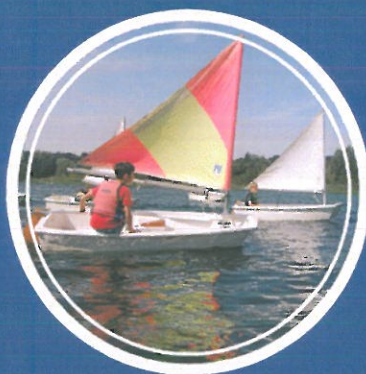


whitlingham@educatorsolutions.org.uk

Don't be bored, have an

# Easter Holiday Adventure

Book online now



Adventure Days • Accredited Courses • Craft Hire • Birthday Parties



Easter holidays - Mon 3rd - Thurs 13th April  
May half term - Tues 30th May - Fri 2nd June

Activities organised by



# tots2teens club



To keep up-to-date with Tots2Teens -  
like us at [www.facebook.com/bdctots2teens](http://www.facebook.com/bdctots2teens)

**Booking lines open**

**8am Monday 27th February 2017.**

To book online go to [www.broadland.gov.uk/t2t](http://www.broadland.gov.uk/t2t)  
or call booking line (01603) 430525

Friends of White Woman Lane  
Competition

**WIN A MEAL FOR**  
**MOTHERS DAY!!!!**



**£60**

**COTE BRASSERIE**

**VOUCHER TO BE WON**

Use one of the attached pictures and either colour, paint, collage or any other idea you might have the more interesting the better!!

Return to the School office by Monday 6<sup>th</sup> March, with your name, class and £1 entry fee attached. The winner will be announced by Friday 10<sup>th</sup> March and will receive the above voucher.

Name .....

Class .....



Name .....

Class .....

