

# CONFIDENCE THROUGH CRAFT

## Old Catton and White Woman Lane Federation

### Confidence Through Craft is:

- An extension of the nurturing process which seeks as its primary aim to build confidence, self esteem and allows a child to recognise their self-worth.
- A rapport building exercise achieved through producing a piece of craft.
- A medium through which success and achievement are almost certain.
- Builds on existing interests and can be tailored.
- A prescriptive process providing a structured framework within which children can express their creativity.
- Helps learners develop technological confidence and self-discipline.
- Seeks to develop a child's belief that they can be successful in other learning areas (and develop transferable learning skills).



### Who is this suitable for:

- Generally children aged between 7 and 11 years.
- Children with low self esteem and confidence.
- Children with emotional and/or behavioural difficulties.

The purpose of the sessions is to involve the child in a craft based task which will ensure a sense of success and enjoyment in the completed activity. This helps build self esteem and confidence which is reinforced through positive feedback.

As the sessions progress and a rapport builds, the child's interests are reflected in the activity using innovative and up-to-date mediums (e.g. glass paint, tile mosaics). Their skills and confidence in their ability subsequently increase.

Once a pupil has recognised his/her success and ability, it can be refocused so that they can build on these successes in other areas.

