



Best News ...

Dear Parents/ Carers,

The Week Ahead

Sat.	28 th		Korfball Tournament Year 6	City of Norwich School
Mon.	30 th	-	Deadline for Scholastic Book orders Guitars Fencing Club	AM School Hall 3.30 - 4.0p
Tues.	1 st	-	Guitars am Year 4 Korfball Girls' football training	12.35 - 1pm 3.15 - 4.15pm
Wed.	2 nd	-	Keyboard lessons Woodwind lessons pm Football - WWL Girls v. Cringleford (home) Football - Yr. 5 Boys v. Drayton (away)	Music Room ICT Suite
Thur.	3 rd	-	Individual School Photos Guitars am Drums pm Year 5/6 Korfball Samba Club Football - Yr. 6 v. Old Catton (away)	12.35 - 1pm School Hall 3.20 - 4.30pm
Fri.	4 th	-	Year 5 visit to West Stow Cross Country Young Voices	12.35 - 1pm 3pm - 4pm
Sat.	5 th	-	Korfball Tournament Year 5	City of Norwich School.

Dates for Your Diary

14 th Oct.	Hilltop Parents Meeting (Year 5)
21 st - 25 th Oct.	Half Term
5 th Nov.	Flu vaccinations - deadline for consent 28 th Oct.
6 th - 8 th Nov.	Hilltop Residential Year 5

HOUSE POINT TOTALS!



This week's
place

Buckingham	(Green)	4	Total points- 2
Balmoral	(Blue)	3	Total points- 4
Sandringham	(Yellow)	2	Total points- 6
Windsor	(Red)	1	Total points- 5

Congratulations to Windsor this week.

THE ATTENDANCE CUP



Was awarded to
3L

With attendance of 99.35%

For the week

16th - 20th September 2019



GOLDEN BOOK AWARD

Congratulations to the following pupils for providing us with 'WOW' moments and for being entered into our Golden Book;



Ruby Stalker
Jacob Gooch
Thomas Curtis
Zuzanna Gajewska



STARS OF THE WEEK



Betsy Horton, Esme Roe, Sophie Robson-Keay, Miley Bootyman, Isla Tibbs,
Alfie Armstrong-Butler, Olivia Jermy, Patryk Potrawski, Lily Goodall, Stephen Coe,
Adrianna Norman, Nathaniel Peck, Dexter Hailes, Emma Craven, Torrie Rhodes,
Phelix Hurn, Ivy Rosser and James Hamilton-Cole.

Using the School Text Messaging Service

Due to the way in which the current incoming text messaging service works we kindly ask that it is used only in the following circumstances:

- 1) If you need to report your child's absence from school (this should be done as early in the day as possible)
- 2) If you are responding to a specific query made by the school.

The number to use is: 07624819075

Should you need to contact the school in other circumstances we recommend that you either email: office@whitewomanlane.norfolk.sch.uk
Or telephone 01603 419203.

We understand that from time to time your arrangements for collecting your child at the end of the school day may change. If you have an urgent message for your child regarding such issues we would prefer that you notify us by telephoning the school only.
Please be aware that any text messages you receive from the school are limited in character space and therefore may be brief!

Thank you for your cooperation with this matter.

Yoga Mindfulness Club

Unfortunately due to a lack of the required numbers of pupils wanting to join the Yoga Mindfulness sessions we have had to cancel the club. All money handed in to the office has been refunded.

Samba Club

Our famous Samba Band needs new members! This club takes place every Thursday after school from 3.20 to 4.30pm. It is led by Jon Cann,

a member of Norwich Samba. The children will use a range of percussion instruments that produce the typically exciting sound of the Rio Carnival with a UK twist. UK Samba mixes traditional Brazilian rhythms with other influences: reggae, dance, soul/R'n'B and jazz patterns to create a unique blend that is very different from established Brazilian styles. If you love to party, make some noise and be the centre of attention - take advantage of the free after school sessions on Thursday after school. If you would like your child to attend please contact the School Office.

TALK HOMEWORK

Each week we send a Talk Homework activity home and we would be very grateful for your support.

We are trying to help all our children develop excellent speaking and listening skills, which in turn will help them with their writing. "If a child can't say a sentence then they can't write it either!"

Talk homework is set in Best News every Friday and will be discussed at school on Tuesday mornings.

This Week's Words

Grasshopper

laugh

perhaps

among

climate

opposite

Shinobi

plead

portable

exasperate

cautiously

illuminate



Vocabulary Ninja

'Words unlock the doors to a world of understanding'

OCTOBER HALF TERM

ACTIVITIES FOR 4-12 YEAR OLDS

22nd - 25th October

Thriller
Musical
Theatre

7-12 YEARS

Tuesday 22nd &
Wednesday 23rd
October

Make Your
Own Halloween
Costume

7-12 YEARS

Tuesday 22nd &
Wednesday 23rd
October

YouTube
Music Video

7-12 YEARS

Tuesday 22nd &
Wednesday 23rd
October

OPEN Ghost
Hunt

7-12 YEARS

Tuesday 22nd &
Wednesday 23rd
October

Little Kids
Witches &
Wizards

4-6 YEARS

Tuesday 22nd
October

Little Kids
Superhero &
Villains

4-6 YEARS

Wednesday 23rd
October

Little Kids
Arts & Crafts

4-6 YEARS

Wednesday 23rd
October

Film &
Perform

7-12 YEARS

Thursday 24th &
Friday 25th
October

Detective
Academy

7-12 YEARS

Thursday 24th &
Friday 25th
October

Stop Fright
Animation

7-12 YEARS

Thursday 24th &
Friday 25th
October

Little Kids
Mad Science

4-6 YEARS

Thursday 24th
October

Little Kids
Circus Skills

4-6 YEARS

Thursday 24th
October

Zombie
Academy

7-12 YEARS

Friday 25th
October

Spooky Creative
Writing

7-12 YEARS

Friday 25th
October

For more info and to book visit:

opennorwich.org.uk/youth-activities/whats-on/spooky-fun

One day courses (4-6) are £16*, two-day courses (7-12) are £30*

The two 7-12 one-day courses on 25th are £16

OPEN Youth Trust, 28 Castle Meadow, Norwich, NR1 3DS

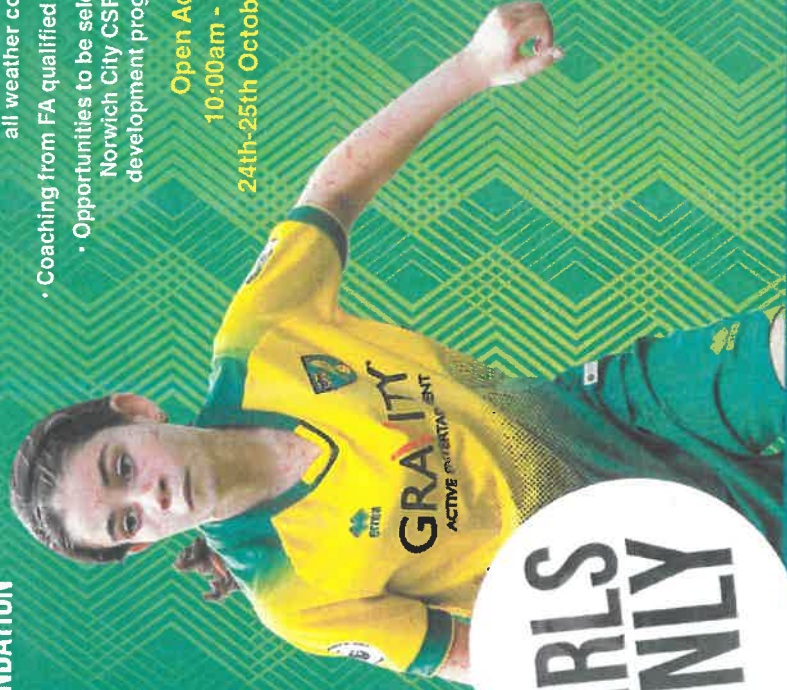
*includes booking fee





- Games, competitions and Norwich City themed fun
- Outdoor & indoor spaces for all weather conditions
- Coaching from FA qualified coaches
- Opportunities to be selected for Norwich City CSF football development programmes

Open Academy
10:00am - 3:00pm
24th-25th October 2019



GIRLS ONLY

SOCCER SCHOOLS

AGES 5-11



To book your place, please visit our website at communitysportsfoundation.org.uk or call 01603 761122



Fun-filled holiday camps from

The UK's No.1

provider of activities to primary schools

Premier Holiday Camps.

Send your kids on an adventure this holiday with fun and exciting activities for 4-12 year olds!

Our holiday camps offer a full range of activities to entertain your kids whatever their interests. We provide a safe, friendly and fun environment to keep the kids entertained all day long!

Visit premier-education.com/holidaycamps or call 01953 499 040 to book TODAY!



Premier



Friends of Catton Park



Autumn Outdoor Scavenger Hunt

2 - 4 pm Saturday 5 October

Hayman Lodge, Catton Park

Please purchase tickets in advance: Child £1,
Adult £1.50 Includes drink and bun/cake

Mainly for children accompanied by an adult
but all adults are very welcome!

Please bring a pen or pencil; the hunt is outside
so you may need wellies; dogs on leads
welcome (but they cannot go into the Lodge)

Tickets from Little House Dental Practice,
75 Spixworth Road, telephone 415760, during
practice hours; or Gill, telephone 484073;
or after ParkRun on Saturday mornings

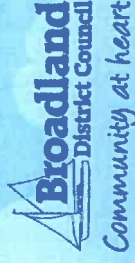


October half-term holidays

	FUN ZONE	ART TECHNOLOGY & SKILLS	SPORT	COOKERY
Monday 21st October	Felthorpe Pavilion and Recreation Ground – Samba carnival (dance, face painting and craft), 9.30am – 3.30pm, 5 – 12 years	Discover drawing – Delves room, Sprowston Diamond Centre, 10am – 3pm, 5 – 9 years	Ski, snowboard and snow tubing taster – Norfolk Snow Sports Club, Trowse, 10am – 4pm, 8 – 16 years	
Tuesday 22nd October	Cawston Village Hall – Fun science workshop, 9.30am – 3.30pm, 5 – 12 years		Canoe river paddle – Broadland Paddle Sport, Thorpe St Andrew, 10am – 12noon, 8 – 16 years	Senior autumnal flavours – Broadland High Ormiston Academy, Hoveton, 10am – 3pm, 8 – 16 years
Wednesday 23rd October	Sprowston Sports and Social Club – Medieval warfare workshop, 9.30am – 3.30pm, 5 – 12 years	Become a mechanic for the day – ACE Viking House, Rackheath, 10am – 3pm, 10 – 16 years	Multisports – Sports hall, Sports hall, Hellesdon High School 10am – 3pm, 5 – 10 years	
Thursday 24th October	Margaret Harker Hall, Blofield – Diwali craft workshop, 9.30am – 3.30pm, 5 – 12 years			Junior autumnal flavours – Sprowston Community Academy, 10am – 3pm, 5 – 8 years
Friday 25th October	Buxton Village Hall – Mini quiches workshop, 9.30am – 3.30pm, 5 – 12 years	3D design and printing – Carrowbreck House, Hellesdon, 10am – 3pm, 8 – 16 years	Gymnastics and basketball – North site gym, Thorpe St Andrew School, 10am – 3pm, 8 – 16 years	

12 Book at: www.broadland.gov.uk/t2t or telephone us on (01603) 430525

Activities organised by



**October half-term
Monday 21st October to
Friday 25th October 2019**

tots2teens

For children living or
attending school in
the Broadland District
Council area

BOOK ONLINE

www.broadland.gov.uk/t2t

or on the telephone:
01603 430525

Booking lines open at 8am on
Monday 16th September 2019.



To keep up-to-date with Tots2Teens -
like us at www.facebook.com/bdctots2teens

Welcome

Welcome to the October half-term Tots2Teens brochure which offers a wide range of activities to keep young people entertained during the school holidays. We welcome registrations from all our communities. If you require any special assistance please call us to discuss.

We offer a 50% reduction on all activities for Broadland households claiming Council Tax reduction, Housing Benefit or having housing costs met through Universal Credit.

Payment must be made by credit or debit card at the time of booking. All fees are non-refundable, unless we are able to fill the space.

If you wish for your child to attend and leave an activity without an adult, the council will require written permission from the parent/carer stating this intention before the date of the relevant activity.

Please note children may only be registered and dropped off from 10 minutes before the start of the session.

To be eligible to attend sessions, children must live or go to school in the Broadland District Council area.

Broadland District Council holiday activities follow guidance for out-of-school childcare. All staff have an enhanced Disclosure & Barring Service check. If you would like to inspect our policy and procedures document please ask a member of staff.

Children's University

Young people are able to collect stamps towards their Children's University learning passports at some of our sessions. Look out for the logo. To find out more about Children's University please visit www.childrensuniversity.co.uk



Learning passports can currently be obtained from participating schools in Norfolk. There are over 250 activity providers set up across Norfolk where young people can take part in activities and earn stamps. Young people can graduate once they have reached certain milestones of learning hours.

T-shirts

Don't mess your own clothes up, buy one of our Tots2Teens t-shirts instead! To order, please call us on the booking lines.

Cost: £5 per t-shirt
Sizes: 5-6, 7-8, 9-11, 12-13, 14-15
Colour: Light grey



Lost property from the Summer holidays

– please contact us to arrange collection. Any lost property not claimed before Friday 18th October will be disposed of.

If you would like this information in a different format, such as large print, audio, Braille or in a different language please call us on (01603) 431133 and we will do our best to help.



2 Book at: www.broadland.gov.uk/t2t or telephone us on (01603) 430525

Subsidised theatre tickets at NORWICH PUPPET THEATRE

These sessions are for families to attend, Tots2Teens staff will not be present.

Microbodysey

Saturday 19th October, 2.30pm
Cost: £6 per ticket (usually £9)

They're all around us but we cannot see them. Come and discover the extraordinary world of microbes - the invisible organisms that shape our planet. Join your larger-than-life tour guide Brenda and friendly and forgetful lab assistant Charles as they unearth miniature monsters and curious creatures in hidden worlds much closer than you might think. A visual theatre experience that features puppetry, shadow theatre and an original score. This show is part of Norwich Science Festival. **Suggested for ages 5+**
Running time: 45 minutes plus 'meet the puppets'

The Crow's Tale

Thursday 24th October, 2.30pm
Cost: £6 per ticket (usually £9)

Inspired by a Lenni Lenape Indian legend, The Crow's Tale tells the story of a crow with colourful rainbow feathers. In the middle of a snowy winter, when all the animals are cold and hungry, Crow selflessly travels to the sun to ask for warmth. Crow embarks on a journey that will transform his appearance forever, while kindness, generosity and courage

will shine through. The story is highly visual, retold using string marionettes, a specially composed soundtrack and sophisticated lighting. A rare opportunity to see long-string marionettes. **Suggested for ages 3+**
Running time: 45 minutes

Rumpelstiltskin and the Snail of Destiny

Saturday 26th October, 2.30pm
Cost: £6 (usually £9)

Poor Polly Buckwheat, the Miller's daughter, is in a bit of a pickle! If she doesn't turn a roomful of straw into gold by morning, the greedy King will turn a bit nasty. Should she accept the kind help of an eccentric dwarf who mysteriously appears in her prison cell? Rumpelstiltskin has got to be the most mixed up of fairy tale characters. He is helpful yet demanding, secretive yet nosy, short yet owning a name as long as his beard. Using its trademark puppets, music, storytelling and transforming sets, Widdershins creates gold on stage with this new version of the classic Grimm's tale. **Suggested for ages 4+**
Running time: 50 minutes

All performances at Norwich Puppet Theatre, St James, Whitefriars, Norwich, NR3 1TN
For other events please go to: www.puppettheatre.co.uk/index

Book at: www.broadland.gov.uk/t2t or telephone us on (01603) 430525 11

The Scarecrows' Wedding

Saturday 23rd November, 11am
Cost: £8.50 per ticket (usually £11.50)

The team behind Stick Man present the best wedding ever, the best wedding yet...

Betty O'Barley and Harry O'Hay are excellent scarecrows. Their wedding plans are all coming together until Harry leaves Betty's side and the devilishly smooth Reginald Rake tries to take Harry's place. Will Harry make it back in time to save their special day? This heart-warming and award-winning adaptation of Julia Donaldson and Axel Scheffler's bestselling book is bursting at the seams with Scamp Theatre's inimitable style.

This epic love story promises wit, drama and wedding bells! Packed with live music and laughter, this is one hour's magic that you and your children will never forget!

Suggested for ages 3+ (children aged 2+ are permitted but must have a ticket. Children under 2 do not need a ticket if sitting on an adult's lap for the duration of the performance)

Running time: 1 hour, no interval

The Little Match Girl

Saturday 30th November, 1.30pm
Cost: £8.75 per ticket (usually £14)

Following four sell-out seasons at Sadler's Wells, celebrated director & choreographer Arthur Pita returns on tour with his magical dance theatre show, The Little Match Girl. Based on Hans Christian Andersen's classic story, this touching tale of an impoverished young street girl's hopes and dreams is beautifully told through dance, song and original music performed live on stage.

Suggested for ages 7+ years

Running time: 65 minutes, no interval

Performances at Norwich Playhouse, 42 – 58 St George's Street, Norwich, NR3 1AB

For other events please go to:
www.norwichplayhouse.org.uk

FUN ZONES



Fun Zones are open to children aged between 5 and 12 years old.
Fun Zones start at 9:30am and finish at 3:30pm, a typical day consists of -

9:30am – 10am	Sign in, settling in period
10am – 12pm	Craft, play or workshop (please see individual date for details)
12pm – 12:30pm	Lunch with quiet games
12:30pm – 1pm	Play
1pm – 3pm	Craft, play or workshop (please see individual date for details)
3pm – 3:30pm	Play with circle games

The schedule above is for guidance only and may change on occasion.

Venue: Felthorpe Pavilion and Recreation Ground, The Street, NR10 4DQ
Date: Monday 21st October



Venue: Margaret Harker Hall, Yarmouth Road, Blofield, NR13 4LE
Date: Thursday 24th October
Workshop: Diwali craft

Workshop: Samba carnival (dance, face painting and craft)*

Venue: Buxton Village Hall, Mill Road, NR10 5JE

Date: Friday 25th October

Workshop: Mini quiches

* Delivered by MultiDance

** Museum collection and activities organised by Norfolk Museums Service

Venue: Cawston Village Hall, High Street, NR10 4BW

Date: Tuesday 22nd October

Workshop: Fun science

Venue: Sprowston Sports and Social Club, Blue Boar Lane, NR7 8RY

Date: Wednesday 23rd October

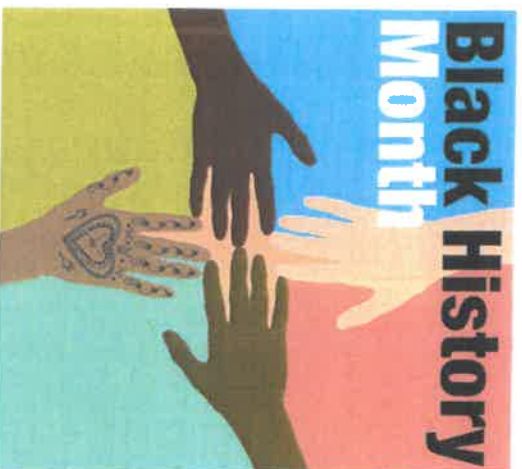
Workshop: Medieval warfare**

Cost - First child £14.50, second child £14.50, further children from the same address £7.25.

Please wear suitable clothing and bring a packed lunch and plenty of drinks.

Black History Month

Black History Month has been marked in the UK for more than 30 years. It takes place during the month of October and happens because so often in the past, the contributions made by black people to the community were ignored or played down. Black people weren't treated the same way as other people because of the colour of their skin. Black History Month aims to address this unfairness by celebrating the achievements and contributions of the black community over the years. Keep an eye out for the activity in this brochure and other activities taking place across the county that have been selected to raise awareness of black history. More information can be found at www.blackhistorymonth.org.uk



ART ZONES



4 hours

Please wear suitable clothes and bring a packed lunch, plenty of drinks and an apron if you have one.

Discover drawing

Drawing isn't just for artists; come along and have a go at various styles of drawing, learning different techniques as you go. From observational drawing to cartoons - see which style you prefer! We will also play drawing games. All attendees will be able to take their sketch book and pencil home with them.

Date: Monday 21st October

Venue: Delves room, Sprowston

Diamond Centre, School Lane, NR7 8TR

Time: 10am – 3pm

Age: 5 – 9 years

Cost: £18

The 'Big Draw Festival' is the world's biggest celebration of drawing and has taken place annually during October since 2000. The theme for 2019's festival is 'Drawn to Life: creativity and wellbeing'.

Meet at the NWT Hickling Broad,
NR12 0BW

Plastic Free Christmas

Saturday 14th December, 10.30am - 12.30pm

Cost: £6 (one accompanying adult per family goes free, additional adults will be charged £6).

Plastic has been in the press a lot recently but how can we cut our plastic consumption at Christmas? Join us and make traditional decorations from natural resources, at this festive time.



To book, call the booking line,
01603 430525.

For information about NWT's holiday activities, please look at their website www.norfolkwildlifetrust.org.uk or call 01603 625540

Subsidised theatre tickets at NORWICH PLAYHOUSE

These sessions are for families to attend, Tots2Teens staff will not be present.

Oi Frog and Friends!

Sunday 20th October, 1.30pm

Cost: £9 per ticket (usually £11.50)

'Cats sit on mats, hares sit on chairs, mules sit on stools, gophers sit on sofas and frogs sit on logs'. It's a new day at Sittingbottom school and Frog is looking for a place to sit, but Cat has other ideas and Dog is doing as he's told. Little do any of them know that chaos is coming. Who knew there were so many rhyming rules and what will happen when Frog is in charge?

Join Frog, Cat and Dog in this new action-packed stage adaptation of Kes Gray and Jim Field's bestselling books 'Oi Frog!', 'Oi Dog!' and 'Oi Cat! Expect songs, puppets, laughs and more rhymes than you can shake a chime at.

Suggested for ages 3+ (children aged 2+ are permitted but must have a ticket. Children under 2 do not need a ticket if sitting on an adult's lap for the duration of the performance)

Running time: 55 mins, no interval

Multisports

In partnership with LB

Coaching

Come and make friends at our multisport activity day and have loads of fun too! Practice your skills in archery using soft arrows, fitness, fencing using foam sabres and hockey which will be played with plastic sticks.

Date: Wednesday 23rd October

Venue: Sports hall, Helleston High

School, 187 Middleton's Lane, NR6 5SB

Time: 10am – 3pm

Age: 5 - 10 years

Cost: £17

Gymnastics and basketball

In the morning, take part in a fun gymnastics session which will offer the chance to explore a variety of foundation skills; using the floor, springboard and trampette.

Also try out basic sports acrobatics.

After lunch, take part in a session of basketball where you will play fun games to learn new or improve on existing skills, with opportunities to play cooperative and competitive games and make new friends. Please wear loose fitting comfortable clothing. Long hair must be tied up and all jewellery removed.

Date: Friday 25th October

Venue: North site gym, Thorpe St

Andrew School, Longfields Road,

NR7 0NB

Time: 10am – 3pm

Age: 8 - 16 years

Cost: £17

WILDLIFE ZONES

In partnership with the Norfolk

Wildlife Trust (NWT)

These sessions are for families to attend, Tots2Teens staff will not be present.

Sounds in Our Surroundings

Saturday 12th October, 10:30am - 12:30pm

Cost: £6 (one accompanying adult per family goes free, additional adults will be charged £6).

With the light fading and the days shortening, our hearing becomes even more important at detecting what wildlife is around. Join us to learn how to identify the sounds in our surroundings.

Meet at NWT Cley Marshes, NR25 7SA

Small Mammals

Saturday 9th November, 10.30am - 12.30pm

Cost: £6 (one accompanying adult per family goes free, additional adults will be charged £6).

Longworth live trapping is a fantastic way to take a close look at our small and elusive mammals. There are many mammals we may catch such as shrews, bank voles, field voles, yellow neck mice and more. But who will we find?



COOKERY

Come along and learn how to prepare and cook a selection of dishes that you can take home to enjoy with your family. All ingredients will be provided. Please state at the time of booking if any dietary requirements need to be considered. **Please bring a large container (a cardboard vegetable box is perfect) to take your cooking home in as well as a packed lunch, plenty of drinks and an apron if you have one.**

Senior autumnal flavours

As we prepare to change the clocks, shorter days are just around the corner. Come along and learn how to make dishes which are perfect to enjoy at this time of year – chicken and mushroom pie served with swede and parsnip bake with apple pie samosas for dessert.

Junior autumnal flavours

As we prepare to change the clocks, shorter days are just around the corner. Come along and learn how to make dishes which are perfect to enjoy at this time of year – pork and apple casserole served with cheddar and parsley mash with a rhubarb crumble for dessert.

Date: Tuesday 22nd October

Venue: Cookery room, Broadland High

Ormiston Academy, Tunstead Road,

Hoveton, NR12 8QN

Time: 10am – 3pm

Age: 8 - 16 years

Cost: £23

Date: Thursday 24th October

Venue: Cookery room, Sprowston

Community Academy, Cannerby Lane,

NR7 8NE

Time: 10am – 3pm

Age: 5 - 10 years

Cost: £23

TECHNOLOGY AND SKILL DEVELOPMENT

Please bring a packed lunch and plenty of drinks.



Become a mechanic for the day

In partnership with Action Community Enterprises CIC

Ever thought about becoming a mechanic? Want to have a go at your dream job? Now is your chance! You will learn a basic understanding of health and safety within the workshop, wheel changing and removal and refitting of different components. You will have a go at engine work as well as suspensions and exhausts. You will need to be in appropriate clothing which doesn't matter if it gets messy, and closed toe footwear. Participants will be presented with an ACE certificate of achievement!

Date: Wednesday 23rd October
Venue: ACE, Viking House, Dewing Road, Rackheath Industrial Estate, NR13 6PS
Time: 10am – 3pm
Age: 10 - 16 years
Cost: £26.50



3D design and printing

In partnership with Laboratory Media Education

Get that idea out of your mind and into three dimensions. Construct an object using software and once you're happy with it, print it out on a 3D printer to see your idea in all its glory. You might print a phone case, a key fob or your very own castle! Please note, the printed copy of your construction can be taken home but not the computer interface. Please bring a packed lunch and plenty of drinks.

Date: Friday 25th October
Venue: Carrowbreck House, 7 Carrowbreck Road (off Drayton High Road), Helleston, NR6 5FA
Time: 10am – 3pm
Age: 8 - 16 years
Cost: £26.50

SPORTS ZONES

Please wear trainers and suitable clothing and bring a packed lunch and plenty of drinks. All equipment will be provided unless otherwise stated.

Ski, snowboard and snow tubing taster



A whole day on the slopes

where you will learn the basics of skiing and snowboarding as well as having the chance to try snow tubing. You will need to wear long trousers (preferably with loose bottoms, no skinny jeans/leggings), a long sleeved top (no midriff showing), long socks and full fingered gloves. Without the correct clothing you cannot participate. Sessions will go ahead whatever the weather; you may get wet and dirty so may wish to bring another set of clothes. You will be provided with a helmet to wear during the activities; this is an insurance requirement and is compulsory. Please bring a packed lunch and plenty of drinks.

Date: Monday 21st October
Venue: Norfolk Snow Sports Club, Whittingham Lane, Trowse, NR14 8TW
Time: 10am – 4pm (please arrive by 9.30am so that your equipment can be fitted)
Age: 8 - 16 years
Cost: £35

Limited places available. Unfortunately, if you arrive late you will only be able to take part at the discretion of the instructor as you may disrupt the session for the other participants and it may be too late to catch up on the tuition. You will not be refunded if this is the situation.

Canoe river paddle



Come along and enjoy a morning of exploring the River Yare at our canoe paddle.

Suitable for all abilities as instruction is provided. Please do not wear jeans, heavy jumpers, big trainers or boots. We recommend lightweight clothing, beach shoes, waterproof tops, no straps or dangly things which could get caught and no jewellery. Please bring a drink. There will be a form to complete on arrival at this activity.

Date: Tuesday 22nd October
Venue: Broadland Paddle Sport, Girlings Lane, Thorpe St Andrew, NR7 0HE
Time: 10am – 12noon
Age: 8 – 16 years
Cost: £10

