



# Best News ...

Dear Parents/ Carers,

## The Week Ahead

Mon.	7th	-	Guitars am Fencing Club	3.30 - 4.30pm
Tues.	8th	-	Year 4 Korfball Girls' Football training	12.35 - 1pm 3.15 - 4.15pm
Wed.	9th	-	Keyboard lessons Woodwind lessons pm Year 6 Boys football tournament at The Nest	Music Room ICT Suite
Thur.	10th	-	Guitars am Drums pm Year 5/6 Korfball Samba Club Year 6 Boys' Football training Girls' Football match away against Colman Junior	12.35 - 1pm School Hall 3.20 - 4.30pm 3.15 - 4.30pm
Fri.	11th	-	Cross Country Young Voices	12.35 - 1pm 3pm - 4pm

### Dates for Your Diary

14th Oct.	Hilltop Parents Meeting (Year 5)
21st - 25th Oct.	Half Term
5th Nov.	Flu vaccinations - deadline for consent 28th Oct.
6th - 8th Nov.	Hilltop Residential Year 5
11 <sup>th</sup> December	Lower School Christmas Performance 1.45pm + 6pm (Year 3)
12 <sup>th</sup> December	Lower School Christmas Performance 1.45pm + 6pm (Year 4)

### HOUSE POINT TOTALS!



This week's place

Buckingham	(Green)	2	Total points-	4
Balmoral	(Blue)	4	Total points-	5
Sandringham	(Yellow)	3	Total points-	8
Windsor	(Red)	1	Total points-	9

**Congratulations to Windsor this week.**

### THE ATTENDANCE CUP



Was awarded to  
 3S  
 With attendance of  
 For the week 23<sup>rd</sup>-27<sup>th</sup> September  
 2019



## GOLDEN BOOK AWARD

Congratulations to the following pupils for providing us with 'WOW' moments and for being entered into our Golden Book;



*Caly Doughty, Myah Gray, India Homewood, Myah Lamb, Lily Maynard, Alisha Gore and Austin Gibbs.*



## STARS OF THE WEEK



*Tom Filer, Trixie-Belle Brickley, Teo Oulare, Ruby Parker, Mollie Bean, Emily Yau, Alfie Clarke-Banham, Isabelle Chambers, Sophie-Marie Maxey, Ryan Davison, Mia Hall, Harry Clark, Larissa Coe, Leo Crane, Cameron Hewitt, Lyla Addison, Raul Togue, Pixie Watkins, Mya-Rose Moss, William Robson-Keay, Reggis Day, Alfie Cresswell, Sam Smith and Tamzin Tobias.*

## Requests

In the morning the children should normally arrive after 8.40 am, as we are unable to supervise children before this time. Please do not allow your child to enter the playground until a member of staff arrives.

At the end of the day, parents and carers are asked to wait outside of the school gates rather than enter the playground. Staff will remain with the children until a parent or carer has arrived to collect them. For safety reasons we respectfully ask adults not to congregate directly outside of the school gates and to ensure that there is room on the pavement for the children and others to walk by safely.

Please note that the school is a smoke and vaping free zone.

We appreciate your cooperation.



## Lost Property

A brand new pair of girl's trainers have been lost in year 6. They are black Nike trainers with a zigzag pattern on the front, with white soles and a green inner sole, size 4 or 4½. They are named. If found, please return to the school office. Thank you for your help.

# TALK HOMEWORK

Each week we send a Talk Homework activity home and we would be very grateful for your support.

We are trying to help all our children develop excellent speaking and listening skills, which in turn will help them with their writing. "If a child can't say a sentence then they can't write it either!"

Talk homework is set in Best News every Friday and will be discussed at school on Tuesday mornings.

Please spend at least 10 minutes talking with your child about the question below:

## This Week's Words

**Grasshopper**

**burst**

**scuttle**

**distance**

**underneath**

**pleasant**

**Shinobi**

**erratic**

**prolong**

**nuisance**

**imaginary**

**sustain**



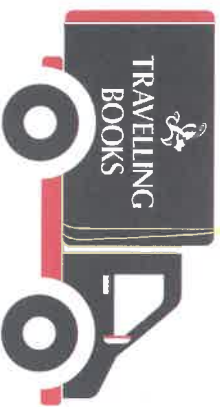
### **Vocabulary Ninja**

*'Words unlock the doors to a world of understanding'*

Thank you for your support in helping your child.

THANK YOU  
to everyone  
who attended  
and helped at our  
BOOK FAIR!

TRAVELLING BOOKS



# WELL DONE!

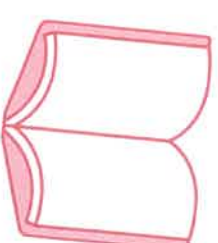
We have raised

£ 584.64

at our Book Fair.

This gives us

£ 290.78



to spend on **FREE BOOKS** for our school!


The logo for Norse Catering, featuring the word "Norse" in a dark red, serif font. The letter 'o' is stylized with a red bird perched on top of it.

# Fresh Ideas Feeding Minds

# Autumn / Winter

## Menu 2019/20

We hope you enjoy our Autumn/Winter Menu, offering high quality and varied dishes using seasonal produce. All of our dishes are perfected by our talented Menu Team and Development Chef and then trialled in a number of schools to gain genuine feedback from our customers – this is just one of the things that makes us truly unique!

A large, stylized red leaf graphic that serves as a background for the text.

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from East Anglian suppliers.



We use wholewheat flour in our bread and pastry recipes!

In addition to this menu, we offer a number of themed menus to celebrate holidays and seasonal events – please check details with your school.

A full allergen list for this menu can be found on our website –

[www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

A wooden signpost with a sign that reads: "Fresh Bread, Salad, Fruit, Milk Drink and Water are available daily!"

Fresh Bread, Salad, Fruit, Milk Drink and Water are available daily!

If you think you may be eligible for a free school meal, visit [www.schools.norfolk.gov.uk](http://www.schools.norfolk.gov.uk)



[norsecatering.co.uk](http://norsecatering.co.uk)

Please note the menu may be subject to change to meet local needs.

**Week One**

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza with Jacket Potato Wedges (v)	Chicken Curry with Steamed Rice and Naan Bread	Sausages with Yorkshire Pudding	Oriental Chicken with Noodles	Breaded Fish Fingers
Option 2 (v)	Vegemince Curry with Steamed Rice <b>NEW!</b>	Vegetable Lasagne	Quorn Sausage with Yorkshire Pudding	Mediterranean Vegetable and Potato Layered Bake <b>NEW!</b>	Spanish Omelette
Served with	Garden Peas and Sweetcorn	Vegetable Medley	Mashed Potatoes, Carrots, Cabbage and Gravy	Broccoli and Sweetcorn	Chips, Garden Peas or Baked Beans
And for Pudding	Orange Cupcake <b>NEW!</b>	Apple Crumble with Custard	Fresh Fruit Salad	Beetroot Brownie	Fresh Fruit Selection

Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school.

Week One: 28 Oct / 18 Nov / 9 Dec / 13 Jan / 3 Feb / 2 Mar / 23 Mar

**Week Two**

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef Burger in a Roll with Diced Potatoes	Pork and Bean Hotpot <b>NEW!</b>	Roast Chicken with Stuffing	Pasta Bolognese	Crispy Fish Fillet
Option 2 (v)	Oriental Quorn Strips with Noodles	Cheesy Pasta	Lentil Roast	BBQ Quorn Fillet with Steamed Rice	Garden Vegetable Goujons
Served with	Mixed Salad	Vegetable Medley	Roast Potatoes, Carrots, Swede and Gravy	Broccoli and Sweetcorn	Chips, Garden Peas or Baked Beans
And for Pudding	Fresh Fruit Selection	Pancake with Ice Cream	Apple Flapjack	Sponge with Sauce	Fresh Fruit Selection

Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school.

Week Two: 4 Nov / 25 Nov / 16 Dec / 20 Jan / 10 Feb / 9 Mar / 30 Mar

**Week Three**

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita Pizza with Diced Potatoes (v)	Hunter's Chicken with Steamed Rice	Roast Beef with Yorkshire Pudding and Mashed Potatoes	Chicken with Mediterranean Pasta	Breaded Fish Fingers or Salmon Fingers
Option 2 (v)	Vegetarian Bean Chilli with Steamed Rice	Sweet Potato and Spinach Pasty with Curry Sauce and Jacket Wedges <b>NEW!</b>	Vegemince Cottage Pie	Italian Bean Bake	Cheese and Tomato Quiche
Served with	Mixed Salad	Vegetable Medley	Carrots, Green Beans and Gravy	Mixed Salad	Chips, Garden Peas or Baked Beans
And for Pudding	Fresh Fruit Salad	Mini Cocoa Oatcake with Orange Wedges	Fresh Fruit Salad	Toffee Cream Tart	Chewy Popcorn Bar <b>NEW!</b>

Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school.

Week Three: 11 Nov / 2 Dec / 6 Jan / 27 Jan / 24 Feb / 16 Mar



**8-11 YEARS**

Fixtures  
Drop-in/drop-out  
FA Qualified coaches  
Represent Norwich City FC  
Progression opportunities  
Workshops

# KICKS

FREE SPORTS SESSIONS & WORKSHOPS



[www.communitysportsfoundation.org.uk](http://www.communitysportsfoundation.org.uk)



**"The Session is open to all years and the idea of the sessions is for somewhere the youngsters can come and relax for an hour and play some football or a sport of their choice.**

**All they have to do is turn up and sign the register for the session with the coach, they will have a sign up form which needs to go home and brought back at the next session.**

**There is also opportunities to play for Norwich City Fc Kicks and play against other Premier League kicks teams either at our venue The Nest or away at the teams venue.**

**We run competitions and for some games we will have tickets to win aswell.**

**We are due to commence sessions at Sprowston Community Academy in the sports hall week commencing 30th September on a Monday start time 4pm to 5pm".**