



# Best News ...

Dear Parents/ Carers,

## The Week Ahead

Mon.	10 <sup>th</sup>	-	ICT Club (selected pupils)	Lunchtime 12.50-1.20pm
			Dance Club (last one this year!)	School Hall 3.20 - 4.20pm
Tues.	11 <sup>th</sup>	-	No Guitars	
			Chess Club	6Q Lunchtime
			Year 4 Korfbal	12.35 - 1pm
			Fashion Club	3.20 - 4.15pm
Wed.	12 <sup>th</sup>	-	No Guitars	
			Keyboard lessons pm	Music Room
			Woodwind lessons pm	ICT Suite
			Skillforce	4.30pm finish
			<b>Year 3</b> Christmas performance	1.45PM and 6PM
Thur.	13 <sup>th</sup>	-	Chess Club	6Q Lunchtime
			Year 5 Korfbal	12.35 - 1pm
			No Samba Club	
			Drums	Mobile
			<b>Year 4</b> Christmas performance	1.45PM and 6PM
Fri.	14 <sup>th</sup>	-	<b>Christmas Jumper day</b>	
			Keep it Moving	8.30 a.m School Hall
			Cross Country	PM Easton Park
			Young Voices Choir	3-4pm School Hall
			School Disco	

### Dates for Your Diary

17<sup>th</sup> December

18<sup>th</sup> December

3<sup>rd</sup> January 2019

**Years 3 + 5** Celebration Assembly

**Years 4 + 6** Celebration Assembly

Christmas Lunch

Last day of Autumn Term

Pupils return to school

### HOUSE POINT TOTALS!



This week's place

Buckingham	(Green)	1	Total points-	24
Balmoral	(Blue)	4	Total points-	11
Sandringham	(Yellow)	2	Total points-	21
Windsor	(Red)	3	Total points-	24

**Congratulations to Buckingham this week.**

### THE ATTENDANCE CUP



Was awarded to  
**3S**

With attendance of 98.8%  
For the week  
26<sup>th</sup> - 30<sup>th</sup> November 2018



### **GOLDEN BOOK AWARD**

Congratulations to the following pupils for providing us with 'WOW' moments and for being entered into our Golden Book;



*Andre Gibson, Zuzanna Maciol, Kenzie Walsh,  
Reuben Brown, Brooke Allen-Gard, Arthur Trelford, Ben  
Flaxman, Romy Darby, Abbi Clark, Annabel Symonds and  
Lyla Frostick.*

## **BOOKS FOR SCHOOLS**



**Help us collect**



**TOKENS**

IN THE



Tokens are appearing in the Evening News as well as its sister publications across the region for parents, school staff and friends to collect and send in to school. For every 1,000 tokens collected, the school will receive £100 worth of free books.

Post your tokens in the box in reception by December 14th!

Thank you for your support.



**Thank you for all your support, donations and participation with our Christmas fair. It was another hugely successful event organised by our 'Friends' and we are enormously grateful to all the volunteers for their hard work.**

**We raised a grand total of:  
£1355.77**



### **POPPY APPEAL**

Thank you for all your donations to this year's 'Royal British Legion' Poppy Appeal.

Together we raised £33.



Thank you for all your sponsorship money following our School Council Fun Run.

We raised an amazing  
£834.11

## TALK HOMEWORK

Each week we send a Talk Homework activity home and we would be very grateful for your support.

We are trying to help all our children develop excellent speaking and listening skills, which in turn will help them with their writing. "If a child can't say a sentence then they can't write it either!"

Talk homework is set in Best News every Friday and will be discussed at school on Tuesday mornings. Please spend at least 10 minutes talking with your child about the words below;

# This Week's Words

## Grasshopper

**scratch**

**frighten**

**wrong**

**together**

**evening**

## Shinobi

**foliage**

**thug**

**cerulean**

**dishevelled**

**reverberate**



## Vocabulary Ninja

*'Words unlock the doors to a world of understanding'*

Thank you for your support in helping your child.

## MATCH REPORTS

### Year 5 Korfball Tournament Report

On Saturday 13<sup>th</sup> October Year 5 took part in the Autumn Term Korfball Tournament at Eaton CNS. There were 6 teams and all teams played each other; with 2 points for a win and 1 point for a draw the team with the most points were the winners. The passing, movement in attack and shooting skills from WWL, Hillside and Sprowston A were impressive and resulted in some extremely close matches. Those 3 teams finished the tournament on the same points, but Hillside ended up as winners with a better goal difference, then Sprowston A in 2<sup>nd</sup> and WWL 3<sup>rd</sup>.

Congratulations to all the Y5 players – Harry, Alfie, Benney, Tyler, Toby, Reggie, Lucy, Lyla, Evie, Emily and Natalie.

Our results were:

WWL v Sprowston B (friendly) 1-1 (Harry)

WWL v St Williams B 2-0 (Lucy, Harry)

Sprowston A v WWL 2-1 (Harry)

St Williams A v WWL 0-2 (Benney, Toby)

WWL v Hillside 1-0 (Lyla)

### Year 4 korfball tournament

The tournament was held at Eaton CNS School on the 10 November 2018. Our school had 2 teams WW Lane A and B. In total 6 teams took part. The results were –

WWL A 2-0 WWL B [Monty Evie]

WWL A 2-0 Hillside A [Riley 2]

WWL B 0-2 Sprowston A

WWL B 0-11 Hillside B

WWL A 0-0 Sprowston A

Sprowston B 0-4 WWL A [Riley Jackson Evie 2]

Hillside A 0-0 WWL B

WWL B 0-1 Sprowston

WWL A 1-1 Hillside B [Riley]

Big well done to Riley, Jackson, Monty, Kameron, Kayden, Teddy, Evie, Evie-Jane, Lola, Lacey and Zuzanna. WWL A came 2<sup>nd</sup> and WWL B Came 5<sup>th</sup>. Everybody worked really hard and WWL A finished 1 point behind the winners, Hillside B.

Thank you to our reporters Kameron, Teddy and Evie-Jane

## Y3 Korfball Tournament Report

On Saturday 24<sup>th</sup> November Year 3 took part in their first Korfball tournament at Open Academy High School. Sprowston Junior had 3 teams and WWL had 2 teams and all teams played each other in short 10 minute games. Some players really understood, as the games progressed, that they needed to run into space to receive the ball and shoot quickly (with some great goals scored) as well as to defend their opposing player when the other team had the ball. Year 3 and Year 4 play mono-korfball, (4v4) which is end to end play; it is very exciting but players have to constantly switch between attacking and defending which can be hard work, especially for new players. Thank you and well done to all the players – Tyrell, Alfie, Isabelle, Myah, Freddie, Riley, Lauwie, Jessica, Elizabeth and Alisha - who worked hard on the pitch and Ryan who came along to support.

The results of our matches were as follows:-  
WWL Sky 3 v WWL Stripes 0 (Tyrell 3)  
Sprowston Unicorns 1 v WWL Sky 1 (Tyrell 1)  
WWL Stripes 0 v Sprowston Lions 4  
Sprowston Lions 2 v WWL Sky 2 (Myah 1, Tyrell 1)  
WWL Stripes 0 v Sprowston Jaguars 4  
Sprowston Jaguars 1 v WWL Sky 0  
Sprowston Unicorns 0 v WWL 0

WWL Sky came second and WWL Stripes came fifth. Sprowston Jaguars won all their matches so finished with the winner's shield.

Thank you to all the parents who came to cheer on the teams, and to Alan for supporting and driving us there too.

Thanks to all the Year 3, 4, 5 and 6 players who have represented the school so well this term. I would also like to say a huge well done and good luck to the Year 6 players who have been chosen to be part of the Norfolk Under 11s Korfball squad this year – Eva, Romy, Carmen, Sherryl, Liam and Henry.

## **BRILLIANT EFFORT EVERYONE !**





## STARS OF THE WEEK



### **Maddison Jennings 3C**

For trying hard with her reading. It's lovely to hear Maddison talking about books and enjoying them!

### **Leyton Newman 3C**

For his brilliant attitude in Literacy lessons. Leyton tries so hard and is a great example for others.

### **Jessica Smith 3S**

For her great ideas in Whole Class Reading. Jess shared her ideas really nicely and came up with some brilliant answers. Well done.

### **Alfie Armstrong-Butler 3S**

For really impressing me with his ideas and hard work in Literacy. Alfie listened really well and came up with some brilliant instructions.

### **Niamh Harris 4P**

For transforming into a graceful dolphin!  
Niamh has put 100% into her swimming and results are showing.

### **Tom Filer 4P**

For his consistent hard work in Literacy.

### **Rubie Carter 5R**

For tackling TWO new written methods from scratch (multiplication and division) and pretty much smashing them - what a star!

### **James Hunt 5R**

For being so on it in lessons this week, giving great ideas, trying really hard with new concepts and reaping the consequences - well done!

### **Ben Flaxman 6H**

For providing super answers to different question types in guided reading.

### **Eva Hailes 6H**

For always being helpful, kind and considerate.

#CHRISTMASJUMPERDAY



Photo: Jamie Baker / Save the Children

# THE BIGGEST, WOOLLIEST, MOST GENEROUS DAY OF THE YEAR



**Save the Children**  
CHRISTMAS JUMPER DAY

**FRIDAY 14 DECEMBER**

We're joining in the festive fun on  
**Save the Children's Christmas Jumper Day!**

Don't forget to wear your silliest sweater and donate  
£1 to help children thrive all around the world.

[christmasjumperday.org/schools-pack](https://christmasjumperday.org/schools-pack)

In partnership with



# Primary School Lunch Menu After Christmas

**Thursday 3<sup>rd</sup> January 2019**

Margherita Pizza  
with Jacket Potato Wedges with Peas and Sweetcorn

Or

Vegetarian Enchilada Bake  
with Peas and Sweetcorn (v)

\*\*\*

Vanilla Ice Cream Tub

**Friday 4<sup>th</sup> January 2019**

Breaded Fish Fingers or Salmon Fish Fingers  
with Chips, Garden Peas or Baked Beans

Or

Spanish Omelette  
with Chips, Garden Peas or Baked Beans (v)

\*\*\*

Cornflake Krispie

**It will then be the Week One Menu  
for week commencing 7<sup>th</sup> January 2019.**







NORWICH SCHOOL

NORWICH  
CATHEDRAL

BE A CHORISTER  
FOR THE DAY



Saturday 19th January 2019  
10.30am-4pm  
Norwich Cathedral

Come and be a chorister for the day at this event open to all children (boys and girls) of primary school age.

Take part in singing games, join in with Evensong and meet current choristers.

Register at: [www.norwich-school.org.uk/admissions/register-your-interest](http://www.norwich-school.org.uk/admissions/register-your-interest)

# JustOneNorfolk.nhs.uk

What is it?

JustOneNorfolk.nhs.uk is the new Norfolk based health advice website.

Norfolk Children and Young People's Health Services created JustOneNorfolk.nhs.uk in partnership with Best Beginnings – the Baby Buddy app creators, the Eastern Academic Health Science Network and Norfolk County Council.

The website aims to:

1. Build confidence in families, children and young people to care for their own health and wellbeing.
2. Help families, children and young people in Norfolk access the right services for advice and help.
3. Improve health outcomes for children and young people in Norfolk.

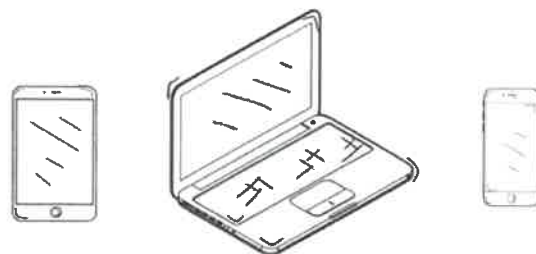
JustOneNorfolk.nhs.uk uses videos and animation to keep content interesting and easy for users to understand. The website also features short films starring real Norfolk families talking about their own experiences.



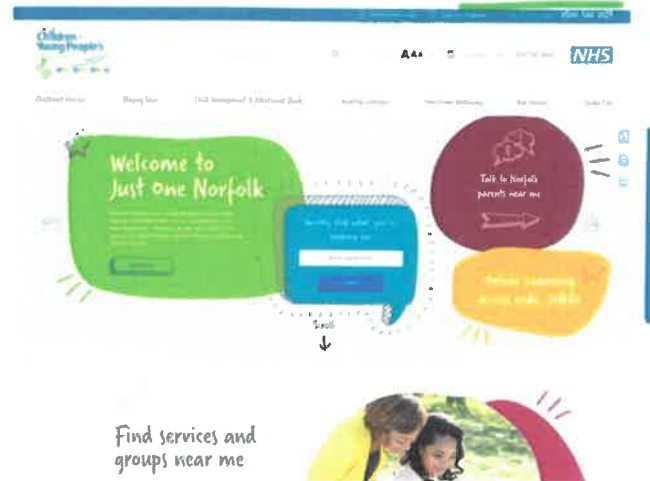
All the content and advice is NHS approved. It is signed off by clinicians working in the Norfolk Children and Young People's Health services.

At the moment our main subjects are:

- Emotional wellbeing
- Healthy lifestyles
- Staying safe
- Childhood illnesses
- Child development
- Additional needs



You can visit [www.JustOneNorfolk.nhs.uk](http://www.JustOneNorfolk.nhs.uk) or type **just one norfolk** into your search bar.



# Information Sheet

## Just one number

0300 300 0123

### Who is it for?

Young people, parents, carers and professionals in Norfolk.

### What is it?

A single point of access to get in contact with the Norfolk Healthy Child Programme. Just One Number can help you make or change an appointment, give you clinical advice and information, help you with referrals and connect the right people with the right services.

Monday to Friday 8am - 6pm and Saturday 9am - 1pm

## Parentline



07520 631590

### Who is it for?

Norfolk parents and carers of 0 - 19 year olds.

### What is it?

A text message advice service for Norfolk parents of 0-19 year olds. Text messages can be anonymous and will cost the same as a standard text or come out of the message allowance. Texts will be replied to by one of our clinicians who will offer health related advice.

Monday - Friday 8am- 6pm and Saturday 9am - 1pm

## ChatHealth 07480 635060

### Who is it for?

Anyone aged 11-19 living in Norfolk.



### What is it?

A confidential text message advice service. Young people can ask for advice about contraception, mental health, bullying, alcohol, self harm, healthy eating, drugs, sex and smoking. Text messages can be anonymous and will cost the same as a standard text or come out of the message allowance. Texts will be replied to by one of our clinicians who will offer advice and support.

Monday to Friday 9am - 5pm

## Podcasts



### Who is it for?

Anyone aged 11-19 living in Norfolk.

### What is it?

A series of podcasts hosted by BBC Radio One presenter Cel Spellman. Each 20 minute episode features a different topic including self-harm, depression, substance misuse and sexual health.

Just search for 'Health Uncovered' in iTunes or podcast app.

## UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH

## online Learning

### Who is it for?

Norfolk parents and carers and professionals

### What is it?

New online learning to help parents, families, carers and professionals feel more confident when looking after children and young people. The learning is interactive, easy to understand and focussed on helping you. The learning is free and once registered can be accessed 24/7.

Follow the link:

[bit.ly/norfolkcyplearning](https://bit.ly/norfolkcyplearning) Access Code: JON70

## #NorfolkCan



### Who is it for?

Norfolk families.

### What is it?

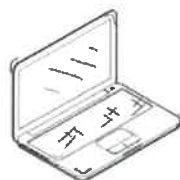
NorfolkCan is a new campaign to help young people and families make healthier lifestyle choices. A referral is not required and anyone can request help and support by calling Just One Number on 0300 300 0123.



Find us on:



@norfolkcypl



Subscribe to us on:



CCS NHS Trust

[bit.ly/norfolkcyplvideos](https://bit.ly/norfolkcyplvideos)