



Best News ...

Dear Parents/ Carers,

The Week Ahead

Mon. 6 th	-	Yr 4 How Hill residential trip Dancing Yrs 5&6 Tag Rugby	Group 1 Leave School Hall 3.20 - 4.20pm Lunchtime (before second sitting)
Tues. 7 th	-	Guitars Yr 4 Korfball Drums Irish Dancing	am Lunchtime (before second sitting) pm in the mobile School Hall 3.15 - 4.15pm
Wed. 8 th	-	Yr 4 How Hill residential trip Guitars Cross Country Training Skillforce - The Princes Trust Keyboard lessons Woodwind lessons	Group 1 Return Group 2 Leave am Lunchtime (before second sitting) 4.30pm finish pm Music Room pm ICT Suite
Thur. 9 th	-	Yr 5&6 Korfball Yr 5 Boys Football Match Samba Club Drums	Lunchtime (before second sitting) Home Vs Firside pm School Hall pm Mobile
Fri. 10 th	-	Yr 4 How Hill residential trip Multiskills Club - Selected pupils END OF HALF TERM - Back to School Monday 20 th February 2017	Group 2 Return

Dates for Your Diary

W/C 13 th February	Half Term - return to school Mon 20 th
Monday 20 th February	Poetry Reading Week
Thursday 2 nd March	World Book Day
Friday 31 st March	Celebration Assembly
Monday 3 rd - Monday 17 th April	Easter Break (return to School Tuesday 18 th April)

HOUSE POINTS



Buckingham	(Green)	179	Total - 45
Balmoral	(Blue)	114	Total - 38
Sandringham	(Yellow)	173	Total - 29
Windsor	(Red)	199	Total - 33

Congratulations to Windsor this week!

THE ATTENDANCE CUP



Was awarded to
5C
 With attendance of 99.63%
 For the week
 23th - 27th January 2017



GOLDEN BOOK AWARD

Congratulations to the following pupils for providing us with 'WOW' moments and for being entered into our Golden Book;

Phoebe Howard, Ruby Watkins, Phoebe Mears, Ruby Goodall and Anya Aldous



TONIGHT

DISCO (WWLS children only)
7.00 – 9.00pm



The Friends of White Woman Lane have organised a school disco to enable our children to have fun and to also raise funds for the school.

The disco begins at 7.00pm and the children will not be let into school before then, so please ensure children do not arrive at school before this time. The main school entrance by the office is the door to use. Parents coming by car should note that, for safety reasons, the school car park cannot be used to drop children off.

The Friends charge £1.00 for entrance and children can bring some pocket money to buy drinks, snacks and glow sticks throughout the evening.

- Drinks Fizzy 20p, Squash 10p
- Sweets from 5p
- Glow Sticks Bracelets, Glasses, Bunny Ears, necklaces, pendants all from 50p

All pupils must be collected at the end of the evening by an adult. Children leave the hall through the main entrance and we suggest you meet your children in the car park and by the main school gate. The school gate is closed so cars cannot use the car park at the end of the disco. We stagger the finish to make it a little easier to reunite parents and children as follows:

- Year 3 will leave at 8.50pm
- Year 4 will leave at 8.55pm
- Years 5 and 6 will leave at 9.00pm.

These procedures are tried and tested and have worked well in the past so we are all looking forward to an enjoyable evening for the children.



THE FRIEND'S BINGO EVENING

Once again 'The Friends' put on another hugely successful event!



Great fun was had by all and together a fantastic £572.08 raised. Sincere thanks go to all involved, especially 'The Friends' who give up their valuable time.

TALK HOMEWORK & 'WOW' WORDS

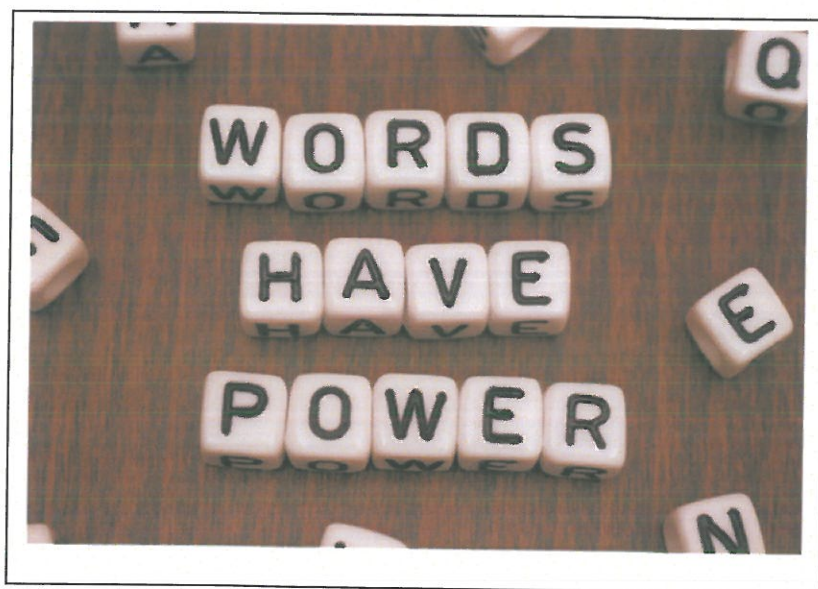
Each week we send a Talk Homework activity and 'Wow' Words home and we would be very grateful for your support.

We are trying to help all our children develop excellent speaking and listening skills, which in turn will help them with their writing. "If a child can't say a sentence then they can't write it either!"

Please spend at least 10 minutes talking with your child about the questions below;

"sticks and stones may break my bones but words will never hurt me."

Discuss this saying with your families at home. What do you think? Do words never hurt? Can you or your family members think of a time when words really have hurt you? Have you ever said words that may have hurt someone else? What can we do if this happens? Discuss examples and situations that you can share with your class.



*In Big Talk, we use 'WOW' Words to improve our vocabulary and 'big up' our sentences to make them more interesting
Our 'WOW' Word this week is;*



Utterance

(remark, comment, statement, observation, pronouncement, declaration)

Please encourage your child to use these words, in the right context, as much as possible.

Thank you for your support in helping your child.



STARS OF THE WEEK



Alfie Cresswell 3C

For being 'on the ball' in every lesson. Alfie tries his hardest to volunteer ideas and produce his best work.

Torrie Rhodes 3C

For offering her ideas in lessons and trying hard to join up her handwriting.

Zachary Harmer 3ST

For making great effort in lessons and being super organised! Well done! Keep it up!

Hayden Brown 3ST

For constantly showing great kindness towards others and having a permanent wonderful smile on your face. You are a star!

Lilly O'Gorman 3S

For really impressing your teachers all week with your hard work and determination.

James Clayton 3S

For using loads of ambitious and interesting words in Extended Writing when describing the mysterious and wonderful 'Shark-icorn'.

Carmen Barnes 4P

For always being ready to learn and helping around the classroom.

Nick Coe 4P

For producing some brilliant pieces of work in Literacy.

Poppy Powell 4S

For fantastic dancing during assembly when singing 'Firework'.

Daniel Gaskin 4S

For displaying great effort and enthusiasm when dividing using the bus stop method in maths.

Evie Munday 5J

For always doing talk homework and also bringing a video linked to the topic for the class to see.

Toby Roberts 5J

For going above and beyond during guided reading. Not only does Toby put 100% effort in, he also shows a real sense of pride about the work he produces.

Ruby Watkins 5R

For just being Ruby - ask anyone in 5R and they'll know what I mean!

Lennon Murphy 5R

For having such a super attitude in lessons; listening, trying hard and willing to help at any opportunity - a real star of 5R!

Callum Alcock 6H

For sharing great suggestions in geography.

Imogen De Jong 6H

Super work on ordering fractions in maths.

Chloe Warner 6H

For being a kind and caring friend!

Lucas Browning 6H

For a fantastic athletics session and showing a very mature attitude towards his learning.

E-safety tips for Parents of **Primary** **School Children**

79% of 7-11 year-olds
said they would tell
their parent or carer
if something worried
them online.



Checklist

☒ Put yourself in control

Make use of the parental controls on your home broadband and any internet-enabled devices. You can find out how at your broadband provider's website or by visiting internetmatters.org.

Childnet, Have your Say (2013)

☒ Search safely

Use safe search engines such as swiggle.org

- ☒ or kids-search.com. Safe search settings can also be activated on Google and other search engines as well as YouTube. You can find out more at google.co.uk/safetycentre.

☒ Agree boundaries

- ☒ Be clear what your child can and can't do online - where they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Agree with your child when they can have a mobile phone or tablet.

☒ Explore together

The best way to find out what your child is doing online is to ask them to tell you about it. Put the family computer in a communal area so you can see what sites they're visiting and share with them.

☒ Check if it's suitable

The age ratings that come with games, apps, films and social networks are a good guide to whether they're suitable for your child. The minimum age limit is 13 for several social networking sites, including Facebook and Instagram.

Know this stuff matters,
but don't know where to turn?

Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect your children online – with information, advice and support on all the big e-safety issues.

**internet
matters.org**

Learn about it:

Teach your child some simple rules

- Make sure your child knows not to share personal information like their phone number or email address online
- Only talk to real life friends or family if they are on sites with a social media element like Moshi Monsters or Club Penguin
- Use privacy settings wherever they exist to keep their information private
- Be a good online friend and don't say nasty things even if it's just a joke
- Use secure and legal sites to download music and games
- Check attachments and pop ups for viruses before they click or download anything
- Use Public Friendly WiFi when they're out and about to filter inappropriate content

Talk about it:

Tips for a meaningful conversation

- Start conversations when your children won't be embarrassed, for example in the car going home from school
- Ask them for advice on how to do something online and use this as a conversation starter
- Make sure they know they can come to you if they're upset by something they've seen online
- Be sensitive and praise them when they share their online experiences with you
- If your child comes to you with an issue, stay calm and listen without judging them
- Talk about online grooming as you would stranger danger and explain that people they meet online might not be who they say they are



Deal with it:

You can find out where to get help and advice on the Take Action page of internetmatters.org, where we include information on how to report problems – and which relevant organisations and agencies to turn to.

On this page, we also provide information on how to deal with any specific issues you may encounter with your child; such as finding inappropriate content and cyberbullying.

Stay safe at secondary school

Exposure to some of these issues increases when children move up to secondary school so make sure your child is prepared – find out more with our pre-teens age guide at internetmatters.org/ageguide10-13

**internet
matters.org**

Exciting SEN Parent Drop-In News!

Deb Wise, a local Dyslexia expert, will be available at the following drop-ins to give advice on helping your child at home. As always, any Nebula parents are welcome at any of the drop-ins.

Jenni Porter

Executive Deputy for SEND



Date	Venue	Time
15/03/17	Old Catton Junior	8.30-10.00 a.m.
20/03/17	Horsford Holt Road	2.00-3.30 p.m.

FUN ZONE

tots2teens
club

Bird boxes

When: Thursday 16th February

Where: Sprowston Sports and Social Club, Blue Boar Lane, NR7 8RY

Time: 9.30am – 3.30pm

Age: 5 – 12 years

Cost: £13.50

Come along and join in with games, crafts
and a special Bird boxes workshop!



Book online at

www.broadland.gov.uk/t2t

or call the booking line (01603) 430525

To keep up-to-date with
Tots2Teens – like us at

www.facebook.com/bdctots2teens

SPORT ZONE

tots2teens
club

Multi-sports

In partnership with:



When: Friday 17th February

Where: South Site, Thorpe St Andrew School, Laundry Lane, NR7 0XS

Time: 10am – 3pm

Age: 5 – 10 years

Cost: £17

Come and make friends at our multi-sports activity day and have loads of fun too! Practice your skills in basketball, ultimate Frisbee, fencing and badminton, also take part in exciting games and tournaments. Please wear trainers, suitable clothing and bring a packed lunch and plenty of drinks.



Book online at

www.broadland.gov.uk/t2t

or call the booking line (01603) 430525



**To keep up-to-date with
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www.facebook.com/bdctots2teens

SPORT ZONE

tots2teens
club

Tag rugby/Swimming

When: Tuesday 14th February

Where: Sprowston Community High School, Cannerby Lane, NR7 8NE

Time: Tag rugby 10am – 12noon

Swimming 1pm – 3pm

Age: 8 - 16 years

Cost: £9 each, £17 when booked together for the same child

Tag rugby is a minimal contact game in which each player wears shorts with velcro patches with two tags attached to them. This is a good introduction into playing rugby. Come along and learn to attack, dodge and pass the ball, as well as practicing defending by catching the attackers velcro tags. Boys and girls of all abilities welcome.



The **swimming** session will cover different swimming strokes and techniques, followed by basic lifesaving in and out of the water, finishing with water skill games. Please wear suitable swim clothing, including a swim hat and goggles if you have them. Please bring a drink and towel. Please note, children must be able to confidently swim 25m unaided to attend this session.



Book online at

www.broadland.gov.uk/t2t

or call the booking line (01603) 430525



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Feb Half-Term Fun

Thursday 16th & Friday 17th February

Intermediate Climbing

This workshop is aimed at those who have completed an Introduction to Climbing at OPEN or a similar workshop elsewhere, giving you the next step to progress your climbing ability and knowledge. Improve your climbing techniques including hand and foot placements, body positioning and climbing movement. The workshop also includes rope and equipment management, route grades, the history and etiquette of climbing.

Football Crazy

Do you absolutely love the beautiful game? If the answer is yes, then our new course is just for you. There will be lots of team games and you will also get the opportunity to test your individual skills. Get active, have fun and get sporty!

Musical Theatre

Do you love musical theatre? Love to perform? If so get involved in this workshop where you will learn singing, dancing and acting techniques. At the end of the workshop you will have the opportunity to showcase your talents in a live performance!

Pokemon Party

As we all know, last year the incredible world of Pokemon came back in a storm. Our brand new Pokemon Party course is perfect for any budding Pokemon Trainers, so grab that Pokedex and have a blast!

Spaces are limited and some bursary places available

For more information please call 01603 252110
or email activities@opennorwich.org.uk

To book a place go to <https://febhalftermfun.eventbrite.co.uk>

Suitable for all abilities and ages 7-12

10am - 3pm

Cost £30 + booking fee



OPEN Youth Trust
20 Bank Plain, Norwich, NR2 4SF
telephone: 01603 763111
www.opennnorwich.org.uk | facebook.com/OPENNorwich
twitter @OPENNorwich

Making a positive difference to the lives of young people in Norfolk

Registered Charity No: 1108712



Feb Half-Term Fun

Tuesday 14th & Wednesday 15th February

Introduction to Climbing

An introduction to the adrenaline filled world of indoor rock climbing! Learn how to use the climbing equipment, and develop techniques, skills, teamwork and trust. Our instructors will be with you every step of the way and will get you reaching great heights in no time at all! All equipment is provided.

Music Mayhem

Love iPads and like making music? This workshop will let you discover the sounds, breaks and beats that can be made using iPads and Macs and develop your ideas into your own finished piece. Maybe you'd like to add your own lyrics and vocals?

Wizard Academy

Do you love Harry Potter? Want to tune into your wizardly ways, make potions and wands? Now you can on this two day Hogwarts themed workshop. Learn to write your own spells, create wizard stories and most importantly have fun!

Make your own Movie

Are you the next Steven Spielberg or Johnny Depp? Want to direct or star in your very own film? Well now you can and what's more you'll learn how to write a storyboard, direct and edit your film ... lights camera, action!

Spaces are limited and some bursary places available

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