

Embedding British Values through PATHS

	A	B	C	D
1			<b>Year Three</b>	
2	<b>PATHS Curriculum Overview</b>	<b>Feelings introduced</b>	<b>Unit 1: Establishing a Positive Classroom/Enhancing Self-Esteem</b>	
3	<b>Reception / Year One</b>	<b>Year Two</b>	<b>Lesson 1 Classroom Rules: Mr Jones' Class</b>	<b>Year Four</b>
4	<b>Unit 1 Fostering Positive Classroom</b>	<b>Unit 1 Establishing a Positive Classroom Environ</b>	<b>Lesson 2 PATHS Pupil of the Day (Complimenting)</b>	<b>Unit 1: Getting Started and Introduction</b>
5	<b>Lesson 1 Circle Rules</b>	<b>Lesson 1 Formulating Classroom Rules</b>	<b>Unit 2: Basic Emotions</b>	<b>Lesson 1: Formulating Classroom Rules</b>
6	<b>Lesson 2 PATHS Animals:</b>	<b>Lesson 2 PATHS Readiness Lesson</b>	<b>Lesson 3 Introduction to Feelings – Happy, Sad and Private</b>	<b>Lesson 2: PATHS Pupil of the Day</b>
7	<b>Lesson 3 PATHS pupil of the day</b>	<b>Lesson 3 PATHS Pupil of the Day – Complimenting</b>	<b>Lesson 4 Fine, Excited and Tired</b>	<b>Lesson 3: Co-operative Learning Skills</b>
8	<b>Lesson 4 Compliments 1</b>	<b>Unit 2 Introduction to Feelings</b>	<b>Lesson 5 Scared/Afraid and Safe</b>	<b>Lesson 4: The Golden Rule</b>
9	<b>Unit 2 Basic feelings 1</b>	<b>Lesson 4 Introduction to Feelings</b>	<b>Lesson 6 Cross/Angry I</b>	<b>Lesson 5: Listening To Others</b>
10	<b>Lesson 5 We all have feelings</b>	<b>Lesson 5 Happy, Sad, Private</b>	<b>Lesson 7 Cross/ Angry II - Recognising Angry</b>	<b>Unit 2: Feelings and Relationships</b>
11	<b>Lesson 6 Happy</b>	<b>Lesson 6 Activities on Happy and Sad</b>	<b>Lesson 8 Calm, Relaxed and Worried</b>	<b>Lesson 6: Introduction to Feelings</b>
12	<b>Lesson 7 Sad</b>	<b>Lesson 7 Fine, Excited, Tired</b>	<b>Lesson 9 PATHS Review Lesson 1</b>	<b>Lesson 7: Recognising and Controlling Anger</b>
13	<b>Lesson 8 Twiddle makes friends</b>	<b>Lesson 8 Activities on Excited and Tired and A Review All Feelings</b>	<b>Unit 3: Improving Self-Control, Self-Awareness and Anger Management</b>	<b>Lesson 8: Control Signals Poster 1</b>
14	<b>Lesson 9 Compliments 2</b>	<b>Unit 3 Feelings and Behaviours</b>	<b>Lesson 10 Self-Control I: Steps For Calming Down</b>	<b>Lesson 9: Control Signals Poster 2</b>
15	<b>Unit 3 Basic Feelings 2</b>	<b>Lesson 9 Scared or Afraid, Safe</b>	<b>Lesson 11 Self-Control II: Learning Self-Control</b>	<b>Lesson 10: PATHS Feelings Dictionary</b>
16	<b>Lesson 10 Angry 1</b>	<b>Lesson 10 Activities on Scared or Afraid and Safe</b>	<b>Lesson 12 Control Signals Poster I: Anger Management</b>	<b>Lesson 11: Feelings Intensity</b>
17	<b>Lesson 11 Scared or Afraid</b>	<b>Lesson 11 Cross or Angry</b>	<b>Lesson 13 Control Signals II: Using the Control Signals Poster</b>	<b>Lesson 12: My Own Feelings Story</b>
18	<b>Lesson 12 My feelings</b>	<b>Lesson 12 PATHS Review Lesson</b>	<b>Lesson 14 Cross/Angry III (Baxter and His Temper)</b>	<b>Lesson 13: Playing By the Rules</b>
19	<b>Lesson 13 Angry 2</b>	<b>Unit 4 Self Control and Anger Management</b>	<b>Lesson 15 Making Good Choices</b>	<b>Lesson 14: Solving an Important Problem</b>
20	<b>Unit 4 Self Control</b>	<b>Lesson 13 Self-Control I (Anger Management)</b>	<b>Lesson 16 Problem-Solving Meeting I</b>	<b>Lesson 15: Avoiding Gossip</b>
21	<b>Lesson 14 Twiddle learns to do turtle 1</b>	<b>Lesson 14 Self-Control II (Anger Management)</b>	<b>Lesson 17 Problem-Solving Meeting II: School Transitions</b>	<b>Lesson 16: We Are All Unique</b>
22	<b>Lesson 15 Twiddle learns to do Turtle 2</b>	<b>Lesson 15 Self-Control III</b>	<b>Unit 5: Friendship, Getting along With Others 1</b>	<b>Lesson 17: Best Friends Story - Part 1</b>
23	<b>Lesson 16 Turtle Technique review</b>	<b>Lesson 16 Calm or Relaxed and Relaxation Practice</b>	<b>Lesson 18: Listening to Others</b>	<b>Lesson 18: Best Friends Story - Part 2</b>
24	<b>Lesson 17 Appropriate Turtles 1</b>	<b>Unit 5 Anger Management and Problem-Solving</b>	<b>Lesson 19: Fair Play Rules</b>	<b>Lesson 19: Best Friends Story - Part 3</b>
25	<b>Lesson 18 Appropriate Turtles 2</b>	<b>Lesson 17 Control Signals Poster (Anger Management)</b>	<b>Lesson 20: Introduction to Manners: Why Are They Important?</b>	<b>Lesson 20: Best Friends Story - Part 4: Making Up</b>
26	<b>Lesson 19 Calm or Relaxed</b>	<b>Lesson 18 Problem Discussion – Angry Arthur</b>	<b>Lesson 21: Shy and Lonely</b>	<b>Unit 3: Making Good Decisions</b>
27	<b>Unit 5 Sharing, Caring and Friendship</b>	<b>Lesson 19 Problem-Solving Meeting</b>	<b>Lesson 22: Making Friends (Baxter Makes a New Friend)</b>	<b>Lesson 21: Making Good Decisions 1- Deressa's Choice</b>
28	<b>Lesson 20 Sharing and Caring 1</b>	<b>Lesson 20 Surprised, Expect</b>	<b>Lesson 23: Frustrated</b>	<b>Lesson 22: Making Good Decisions 2 -Refusal Skills</b>
29	<b>Lesson 21 Sharing and Caring 2</b>	<b>Lesson 21 Problem Discussion On Surprised</b>	<b>Lesson 24: Being a Good Winner/Loser</b>	<b>Lesson 23: Making Good Decisions 3 -Loni's Challenge</b>
30	<b>Lesson 22 Twiddle Special Day</b>	<b>Lesson 22 Problem-Solving/ Privacy and Telling Your Feelings</b>	<b>Lesson 25: Problem-Solving Meeting III – Friendship/Playtime</b>	<b>Lesson 24: Making Good Decisions 4 -Thinking Ahead</b>
31	<b>Lesson 23 Advanced Compliments</b>	<b>Unit 6 Friendship and Feeling Lonely</b>	<b>Unit 6: Feelings In Relationships 1</b>	<b>Lesson 25: Making Good Decisions 5 - Alfie Learns a Lesson</b>
32	<b>Lesson 24 Feelings Review</b>	<b>Lesson 23 What Is A Good Friend?</b>	<b>Lesson 26: Jealous and Content/Satisfied</b>	<b>Unit 4: Being Responsible and Caring for Others</b>
33	<b>Unit 6 Basic Problem Solving</b>	<b>Lesson 24 Lonely</b>	<b>Lesson 27: Like/Love and Dislike/Hate and Tolerance</b>	<b>Lesson 26: Being Responsible</b>
34	<b>Lesson 25 Making Choices</b>	<b>Lesson 25 Making Friends</b>	<b>Lesson 28: Different Points Of View</b>	<b>Lesson 27: Being Responsible and Creating Change</b>
35	<b>Lesson 26 Solving Problems</b>	<b>Lesson 26 Shy</b>	<b>Lesson 29: Guilty</b>	<b>Lesson 28: Social Responsibility – A Class Project</b>
36	<b>Lesson 27 Solving problems with Friends</b>	<b>Lesson 27 Story/Activity on Shy and Problem-Solving Activity</b>	<b>Lesson 30: Proud and Ashamed</b>	<b>Unit 5: Problem-Solving</b>
37	<b>Unit 7 Intermediate Feelings</b>	<b>Lesson 28 Embarrassed</b>	<b>Lesson 31: Feelings Review 2: Guessing Game</b>	<b>Lesson 29: Problem 1 – Identifying Problem</b>
38	<b>Lesson 28 Comfortable and Uncomfortable</b>	<b>Lesson 29 PATHS Review Lesson</b>	<b>Unit 7: Getting along With Others 2</b>	<b>Lesson 30: Problem 2 – Smart Vs Confused</b>
39	<b>Lesson 29 Different Types of Feelings</b>	<b>Unit 7 Manners and Listening to Others</b>	<b>Lesson 32: Keeping a Friend (Baxter's Challenge)</b>	<b>Lesson 31: Problem 3 – Different Points Of View</b>
40	<b>Lesson 30 Excited</b>	<b>Lesson 30 By Accident, On Purpose</b>	<b>Lesson 33: Making Up With Friends</b>	<b>Lesson 32: Problem 4 – Why Things Happen</b>
41	<b>Lesson 31 Tired</b>	<b>Lesson 31 Manners 1</b>	<b>Lesson 34: Greedy/Selfish and Generous</b>	<b>Lesson 33: Goals – Identifying Individual Goals</b>
42	<b>Lesson 32 Frustrated</b>	<b>Lesson 32 Manners 2</b>	<b>Unit 8: Feelings and Expectations</b>	<b>Lesson 34: Setting Positive Goals</b>
43	<b>Lesson 33 Proud</b>	<b>Lesson 33 Manners 3</b>	<b>Lesson 35: Surprised, Delighted and Disgusted</b>	<b>Lesson 35: Reaching His Goal</b>
44	<b>Unit 8 Advanced Feelings</b>	<b>Lesson 34 Manners 4</b>	<b>Lesson 36: By Accident, On Purpose</b>	<b>Lesson 36: Reaching Our Goals – Homework</b>
45	<b>Lesson 34 Love</b>	<b>Lesson 35 Fair Play Rules</b>	<b>Lesson 37: Disappointed and Hopeful</b>	<b>Lesson 37: Generating Solutions 1</b>
46	<b>Lesson 35 Worried</b>	<b>Lesson 36 Listening To Others</b>	<b>Lesson 38: Fair/Not Fair</b>	<b>Lesson 38: Generating Solutions 2</b>
47	<b>Lesson 36 Disappointed</b>	<b>Lesson 37 Sharing</b>	<b>Lesson 39: Curious/Interested, Bored, Confused and Confident</b>	<b>Lesson 39: Thinking Takes Time</b>
48	<b>Lesson 37 Jealous</b>	<b>Unit 8 Feelings / Emotions / Behaviours</b>	<b>Lesson 40: Trying Harder/Overcoming Obstacles</b>	<b>Lesson 40: Coping With Difficult Problems</b>
49	<b>Lesson 38 Furious</b>	<b>Lesson 38 Decision Wheel</b>	<b>Unit 10: Feelings In Relationships 2</b>	<b>Lesson 41: PATHS Reactions and Review</b>
50	<b>Lesson 39 Guilt</b>	<b>Lesson 39 Curious, Interested, and Bored</b>	<b>Lesson 41: Malicious and Kind</b>	<b>Lesson 42: Planning a PATHS Party</b>
51	<b>Lesson 40 Generous</b>	<b>Lesson 40 Proud, Ashamed</b>	<b>Lesson 42: Rejected and Included</b>	
52	<b>Unit 9 Wrap Up</b>	<b>Lesson 41 Story/Activity on Proud</b>	<b>Lesson 43: Teasing</b>	<b>Democracy</b>
53	<b>Lesson 41 PATHS review</b>	<b>Lesson 42 Frustrated</b>	<b>Lesson 44: Problem Solving Meeting IV: Bullying</b>	<b>Rule of law</b>
54	<b>Lesson 42 Saying Goodbye</b>	<b>Lesson 43 Hopeful, Disappointed</b>	<b>Unit 11: Endings and Transitions</b>	<b>Individual liberty</b>
55	<b>Lesson 43 Ending and transitioning</b>	<b>Lesson 44 Story/Activity on Hopeful</b>		<b>Mutual respect</b>
56	<b>Lesson 44 PATHS Party</b>	<b>Lesson 45 Problem Discussion on Frustrated or Disappointed</b>		<b>Tolerance</b>

British Values; democracy, rule of law, individual liberty, mutual respect, tolerance of those of different faith and beliefs

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10/11/14

	A	B	C	D
57		Lesson 46 PATHS End of Year Review	Lesson 45: PATHS Review Lesson 2	
58		Lesson 47 Planning a PATHS Party	Lesson 46: Planning a PATHS Party	

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2			
3	<b>Year Five</b>	<b>Year Six</b>	<b>Year Six</b>
4	<b>Unit 1: Getting Started and Introduction</b>	<b>Unit 1: Getting back into PATHS</b>	
5	Lesson 1: Formulating Classroom Rules	Lesson 1: PATHS review/PATHS Pupil of the Day- Complimenting	
6	Lesson 2: PATHS Review/PATHS Pupil of the Day (Complimenting)	Lesson 2: All About Us	
7	Lesson 3: Co-operative Learning Skills	<b>Lesson 3: Reviewing the Problem-Solving Chart</b>	
8	Lesson 4: The Golden Rule	Lesson 4: Learning a Way to Calm Down	
9	Lesson 5: Introduction to Feelings – Feelings Poster	Lesson 5: More ways to Calm Down and Handle Stress	
10	Lesson 6: Recognising and Controlling Anger – 3 Steps for Calming Down Po	Lesson 6: Making Good Decisions	
11	Lesson 7: Feelings Dictionary	Lesson 7: Getting Help from Others	
12	Lesson 8: My Own Feelings Story	<b>Unit 2 Study and Organisational Skills</b>	
13	<b>Unit 2: Problem Solving</b>	Lesson 8: Study Skills- Part 1	
14	<b>Lesson 9: Treasure Hunt: Problem-Solving Review</b>	Lesson 9: Study Skills- part 2 – H.E.Y	
15	Lesson 10: Making Good Decisions - My Choice	Lesson 10: Good Listening Skills	
16	Lesson 11 Identifying Problems - Feelings, Goals and Solutions	Lesson 11: Story – 'Triple T'	
17	Lesson 12: Consequences: What Might Happen Next?	Lesson 12: S.E.T	
18	Lesson 13: Making a Good Plan	Lesson 13: Study Skills- Being Organised	
19	Lesson 14: Trying Your Plan and Evaluating What Happens	Lesson 14: Planning Ahead- A Biography and Class Project	
20	Lesson 15: Trying Again: Obstacles	<b>Unit 3: Conflict Resolution</b>	
21	Lesson 16: Solving Problems – Dear Problem Solvers	Lesson 15: What is Conflict?	
22	<b>Unit 3: Goals And Identity</b>	Lesson 16: Conflict on the Court	
23	Lesson 17: Setting Goals and Reaching Your Goal - Biography	Lesson 17: Conflict Resolution	
24	Lesson 18: Setting a Goal: A Class Project To Improve the School	Lesson 18: Resolving Conflict	
25	Lesson 19: Setting a Goal and Making a Plan	Lesson 19: Stating the Problem	<b>Or</b>
26	Lesson 20: Overcoming Obstacles – Biography of Jim Abbott	<b>Unit 4A Novel - Number the Stars Respect</b>	<b>Unit 4B - Respect</b>
27	<b>Unit 4: Making and Keeping Friends</b>	Lesson 21: Number the Stars	Lesson 21 What is respect?
28	Lesson 21: Making New Friends	Lesson 22: Number the Stars	Lesson 22 Respect in the
29	Lesson 22: Joining In With Others	Lesson 23 Number the Stars	Community
30	Lesson 23: The Eagles and the Championship Cup Final: Part 1	Lesson 24 Number the Stars	Lesson 23 Respecting musical
31	Lesson 24: The Eagles and the Championship Cup Final: Part 2	Lesson 25 Number the Stars/Problem solving steps	differences in the world
32	Lesson 25: The Eagles and the Championship Cup Final: Part 3	Lesson 26 Our Presentation 1	Lesson 24 Respecting food
33	<b>Lesson 26: Dealing With Teasing</b>	Lesson 27 Our Presentation 2	differences in the world
34	Lesson 27: Self-Concept - Our Feelings and Friendships	<b>Unit 5 Endings and Transitioning</b>	Lesson 25 Respecting
35	Lesson 28: Managing Our Feelings	Lesson 28 Looking Back, Looking Forward	differences - clothes
36	Lesson 29: Forgiving and Resentful	Lesson 29: Wall of Worries – Building a Foundation	Lesson 26 Our Presentation 1
37	<b>Unit 5: Being Responsible and and Caring for Others</b>	Lesson 30: PATHS Reactions and Review	Lesson 27 Our Presentation 2
38	Lesson 30: Dealing With Gossip	Lesson 31: Planning a PATHS Party	
39	Lesson 31: Rejected and Excluded		
40	Lesson 32: Stereotypes and Discrimination	<b>Schools can demonstrate embedding British Values by:</b>	
41	Lesson 33: Being Responsible and Creating Change - Biography	*Have an ethos which includes the British Values	
42	Lesson 34: Caring For Others - Dr Martin Luther King Jr Speech	*Delivering the PATHS curriculum with fidelity	
43	Lesson 35: Authority I	*Having Healthy School status; active school council	
44	Lesson 36: Authority II	*Have a well planned RE curriculum	<b>Democracy</b>
45	Lesson 37: Commemorating Others: The Titanic	*Teach about and celebrate major faith festivals	<b>Rule of law</b>
46	Lesson 38: Honouring Others: Biography of Ray Davey	*Visiting sites which appreciate British history and culture	<b>Individual liberty</b>
47	Lesson 39: Being Responsible: A Class Project	*Training staff to promote diversity and challenge prejudice	<b>Mutual respect</b>
48	Lesson 40: PATHS Reactions and Review	*Resources are used in schools which show the diversity of British family li	<b>Tolerance</b>
49	Lesson 41: Planning a PATHS Party		
50	<b>Appendix A</b>		
51	Lesson 1: Optional Lesson 1: Control Signals Poster 1		
52	Lesson 2: Optional Lesson 2: Control Signals Poster 2		
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